

Jennifer Abe

Professor of Psychology | Psychological Science at Loyola Marymount University

Los Angeles, CA, US

Bellarmino College of Liberal Arts

Biography

Jennifer Shimako Abe is a Professor of Psychological Science at Loyola Marymount University and a senior research associate at LMU's Psychology Applied Research Center (PARC). She received her Ph.D. in clinical psychology from UCLA in 1992, and her research broadly addresses topics related to mental health service delivery for ethnically diverse populations, including help-seeking, disparities, spirituality, cultural humility, and community-defined evidence practices. Her teaching includes a course on Liberation Psychologies, based on the work of Fr. Ignacio Martin-Baró, S.J., one of the Jesuits killed in El Salvador in 1989. Jennifer has served in various leadership capacities at LMU, including terms as associate dean (BCLA, 2005-2010), founding co-director for the Casa de la Mateada program (Córdoba, Argentina, 2013-18), and vice president for Diversity, Equity, and Inclusion (2019-21). Jennifer was part of Cohort 2 for the Ignatian Colleagues Program (2009-2011) and has long been committed to the intersections of culture, spirituality, and justice in the context of Ignatian values and the university mission.

Areas of Expertise

Cultural competence/cultural humility in mental health service delivery, Help-seeking for mental health services among Asian Americans, Asian American mental health

Affiliations

LMU-Psychology Applied Research Center (PARC), LMU-Casa de la Mateada program, American Psychological Association , Asian American Psychological Association

Education

University of California, Los Angeles

Ph. D Psychology

University of California, Los Angeles

M.A. Psychology

Wheaton College

B.A. Psychology

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