

Allan Besselink, PT, DPT, PhD, Dip.MDT

Founder at Besselink Project

Austin, TX, US

Individual and community transformation via health mentoring, adaptive learning experiences, advocacy, and innovation.

Biography

Allan has a unique voice in the world of sport and health care, one that has been defined by his experiences as physiotherapist, McKenzie practitioner, coach, author, educator, patient, and athlete. Allan is the author of "RunSmart: A Comprehensive Approach To Injury-Free Running".

Availability

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance, Corporate Training

Industry Expertise

Education/Learning, Professional Training and Coaching, Health Care - Providers, Health and Wellness

Areas of Expertise

Learning & Teaching, Education, Physiotherapy, Health Care, Cognitive Science

Affiliations

McKenzie Institute International, American Physical Therapy Association, USA Track And Field

Education

Walden University

PhD Education

College of St. Scholastica

DPT Physical Therapy

University of Florida

Graduate Certificate Medical Human Anatomy

McKenzie Institute International

Diploma Mechanical Diagnosis And Therapy

Accomplishments

Hal Dunlop Shield, Queen's University

Awarded the 1988 Hal Dunlop Shield for significant contribution to athletic therapy at Queen's University. This is one of seven major athletic awards at Queen's University.

Finisher, 2005 Ironman USA Lake Placid

Official finisher, 2005 Ironman USA triathlon. The Ironman triathlon is a 140.6 mile adventure - consisting of a 2.4 mile swim, 112 mile bike, and 26.2 mile run.

ACOG Medical Staff, 1996 Atlanta Olympics

Served as a physical therapist on the medical staff for track and field at the 1996 Summer Olympics in Atlanta, GA

Author: "RunSmart: A Comprehensive Approach To Injury-Free Running"

Published first book.

Harold L. Hodgkinson Award

Awarded the 2022 Harold L. Hodgkinson Award for Outstanding Doctoral Dissertation - "Data Modeling of Cognitive Structure in Physiotherapy Students Learning Gross Anatomy"

Testimonials

Kami Lerma

"It was fantastic! I love your presentation style. You give time for the information to sink in before continuing on to the next thought. That helps me a great deal, and I am sure many people would agree with me on that. You definitely keep things interesting and hit all areas from why you do something to how to implement."

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