

# **Althea Hayton**

**Chairman at Womb Twin**

St Albans, United Kingdom, , GB

Creative and visionary writer and therapist

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## **Biography**

Founder and Project Director of Womb Twin (Wombtwin.com) since 2007. Writer of non fiction, on various subjects including addiction to food, the death of a baby during pregnancy or around birth and womb twin survivors ( the sole survivors of a twin or multiple pregnancy.) Sole proprietor of Wren Publications.

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## **Availability**

Keynote, Workshop, Author Appearance

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## **Industry Expertise**

Health and Wellness, Women, Writing and Editing

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## **Areas of Expertise**

Writing, Publications, Books, Psychology, Womb Twin Survivors

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## **Affiliations**

Society of Authors

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## **Sample Talks**

### **My twin died before I was born: how can I know and how does that feel?**

An illustrated talk about how it feels to be a womb twin survivor ( ie to lose one's twin before or around birth.) This is a very common occurrence that is rarely discussed. It may affect many thousands of people, without them being aware that they once had a twin. The presentation includes details of the physical signs that there had been a twin pregnancy but only one baby was born. Also a psychological profile of the womb twin survivor. Based on an eight-year research project .

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## **Event Appearances**

### **Towards a psychological profile of womb twin survivors**

Association of pre and perinatal psychology and health (APPPAH) Annual congress

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## **Education**

**University of Oxford**

**University of Hertfordshire**

Post Graduate Diploma in Counselling Psychodynamic and person-centred

**Oxford University**

3rd class Geography

**University of Leicester**

Diploma in Social work

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