

# **Angela Patterson, Ph.D.**

**Associate Faculty, School of Leadership Studies at Fielding Graduate University**

Santa Barbara, CA, US

Media Psychologist and Professional Communicator

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## **Biography**

Dr. Angela Patterson is a writer and communicator with more than 15 years of experience in journalism, marketing, public relations and corporate communications. A former newspaper reporter, Angela transitioned into corporate communications, working at Fortune 500 companies in the automotive space before moving into the nonprofit world. Currently, she serves as the director of communications for First United Methodist Church Dallas. Using her communications background, she also serves as adjunct faculty in the master's program for Organization Development and Leadership at Fielding Graduate University. Angela earned a doctorate in media psychology from Fielding, where she studied how media and technology affect cultural institutions. Specifically, her research focuses on how digital media impacts the religious and spiritual development of adolescents and young adults. Angela also holds a master's degree in media psychology from Fielding, a master's degree in journalism from Indiana University Bloomington, and a bachelor's degree in journalism from the University of Southern Mississippi. Angela lives in Dallas, Texas and is a proud plant mom of two. Find her on Instagram at @drangelapatterson.

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## **Areas of Expertise**

Vendor/Agency Management, Relationship Building & Management, Journalism for Internal & External Audiences, Digital/Social Media Strategy & Execution, Branding and Promotions, Community Outreach, Executive-level Communications, Internal Communications, Strategic PR Planning & Measurement

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## **Affiliations**

First United Methodist Church Dallas : Director of Communications, 2018 - present, Nashville  
Women of Color in Communications : Founder, 2014, American Psychological Association : Member,  
Association of Psychological Science : Member

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## **Education**

**Fielding Graduate University**

Ph.D. Media Psychology

**Fielding Graduate University**

M.A. Media Psychology

**Indiana University**

M.A. Journalism

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