

# **Angela Showers**

**Christian Life Empowerment Specialist at Breath of Life Coaching & Wellness Center**

Virginia Beach, VA, US

Empowering You to Break Through

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## **Biography**

Empowerment Coach Angela Showers has really created a successful path for herself and her clients with her "no nonsense" style of coaching. Coach Showers was known for making excuses on why she couldn't do something and often allowed others to tell her what was wasn't capable of. Coach Showers got fed up with her own pity party and begin here journey to fulfill her life's purpose. The Lord has blessed Angela with a life-changing understanding of FEAR-- a message she is carrying throughout the United States & abroad. Angela testifies that "Stepping out of FEAR has given me balance, support, confidence, hope, and freedom." Angela boldly challenges people to drop every excuse, shame, or doubt they may have and determine to make the commitment to live a fearless life starting today. Angela is currently working towards her Masters in Christian Counseling with a minor in Theology at Liberty University. Allow Angela to assist you with Your Breakthrough!

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## **Availability**

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance

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## **Industry Expertise**

Alternative Medicine, Health and Wellness, Women

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## **Areas of Expertise**

No Limits No Excuses, Unleashing Your Full Potential, Women of Worth, Creating Consistent Cash Flow, A Write to Heal

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## **Affiliations**

AACC, ABMP, NACM, NCBTMB, ICF

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## **Event Appearances**

**I'm Back**

Bible Study

**Embracing Your Calling... Is it Worth The Risk**

## **Stand Firm & Take Position**

Bible Study

## **Don't Allow Your Emotions To Bully You**

A Day of Encouragement

## **Main Speaker**

Planning for Success

## **Main Speaker**

Pathway to Success

## **No Limits No Excuses**

Night of Inspiration

## **Guest Speaker**

W.O.W.

## **Guest Speaker**

I Am Woman

## **Guest Speaker**

the Core of You

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## **Education**

### **Liberty University**

BA Psychology/ Religion/ Life Coaching

### **Antonielli College**

AA Applied Kinesiology/ Massage Therapy

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