

Anna Aparicio

Head Coach at Delite Life Solutions at Delite

Dublin, Dublin, IE

Self-confidence And Motivation Specialist

Biography

Anna Aparicio is regarded as one of Ireland's top NLP Life&Business Coaches. A Self-confidence and Motivation expert, she has helped hundreds of people around the world feel more empowered, confident and motivated, and achieve more in their lives. Anna uses Neuro-linguistic Programming, Neuro-hypnotic Repatterning and cutting edge personal development tools to help her clients and seminar attendees make massive changes, fast. Anna runs and co-ordinates seminars and workshops such as "Motivathon: fire up your Motivation with NLP", "The C Factor: boost your Self-confidence with NLP", and "The Charisma Bootcamp". she is regularly featured in Irish media and highly sought after by top Irish businesses.

Availability

Keynote, Panelist, Workshop, Author Appearance

Industry Expertise

Professional Training and Coaching

Areas of Expertise

Self-Esteem & Confidence, Motivation, Time Management, Goal Achievement

Affiliations

The Society of NLP, The Irish Institute of NLP

Sample Talks

Motivathon: Fire up your Motivation with NLP

The Motivathon Workshop is a two and a half hour long practical workshop where delegates learn and experience Neuro-linguistic Programming tools and resources to fire up motivation. Delegates leave feeling empowered and motivated, as well as with the skills to know when and how to boost their motivation levels

Event Appearances

The C Factor: Boost your Self-confidence with NLP
Potencia tu autoestima con la PNL

The C Factor: Boost your Self-confidence with NLP
The C Factor: Boost your Self-confidence with NLP

Motivathon: Fire up your Motivation with NLP
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Education

The Society of NLP
Neuro-hypnotic Repatterning Specialist

The Irish Institute of NLP
IINLP Life & Business Coach

OFI (Owen Fitzpatrick International)
The Art of Charisma & The Charisma Bootcamp

The Irish Institute of NLP
NLP Life & Business Master Practitioner

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