

Anthony G. Alessi, M.D.

Associate Clinical Professor, Neurology and Orthopaedics at University of Connecticut
Farmington, CT, US

Focused on prevention, diagnosis and treatment of concussions in athletes from youth leagues to professional sports.

Biography

Dr. Anthony Alessi graduated from the University of Rome in Rome, Italy, and completed his residency and neuromuscular fellowship at the University of Michigan. He is currently an associate clinical professor of neurology and orthopaedic surgery at the University of Connecticut where he serves as medical director of the UConn NeuroSport program. He has been in solo private practice in Norwich, Connecticut, specializing in neurology, electrodiagnostic medicine and sports neurology. He is board-certified in neurology and electrodiagnostic medicine. Dr. Alessi received his Masters Degree in Medical Management from the Heinz School of Public Policy and Management at Carnegie Mellon University in 2001. Dr. Alessi is Chief Executive Officer and Chairman of Colonial Cooperative Care, Inc., a medical management company in Norwich. He also serves as a neurologic consultant to many athletic organizations including the University of Connecticut Athletic Department, Connecticut College, New York Yankees Player Development, the NFL Players Association, Connecticut State Boxing Commission and the Connecticut Sun of the WNBA. He chaired the Sports Neurology section of the American Academy of Neurology. He served as medical director of the Backus Hospital stroke center for six years and writes a bi-weekly column, "Healthy Sports," for the Norwich Bulletin that is syndicated through GateHouse Media. He is host of "Healthy Rounds" on WTIC 1080, the Hartford CBS affiliate, and currently serves as an on-air contributor for ESPN. Dr. Alessi's book, Healthy Sports: A Doctor's Lessons for a Winning Lifestyle, is a compilation of instructive columns. His most recent book, Lift Up Your Hearts: Healing Haiti, Land of Hardship, recounts the work of Dr. Alessi and other medical volunteers after the earthquake in Haiti.

Areas of Expertise

Athletes, Orthopaedics, Neurology, Sports Injuries, Concussion Diagnosis

Affiliations

U.S. Coast Guard Auxiliary Division 25, Member , St. Jude Common Elderly Housing, Board Member, Connecticut Boxing Hall of Fame, member

Event Appearances

Helping Haiti: Addressing The Burden of Neurological Disease
American Academy of Neurology

Concussion in Sports and Military
American Academy of Neurology

Sports Neurology: Clinical Approaches to Epilepsy and Migraine in Athletes
Connecticut Academy of Physician Assistants

Education

Carnegie Mellon University
M.M.M. Medical Management

University of Rome
M.D. Medicine

Manhattan College
B.S. Biology

Accomplishments

Kenneth M. Viste, Jr
MD Patient Advocate of the Year

Ringside Physician of the Year
Ringside Physician of the Year

John E. Peck Community Service Award
Outstanding Advocate for the Elderly

John F. Kennedy Citizenship Award
John F. Kennedy Citizenship Award

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