

# **April Callahan, RDN, LDN**

**Registered Dietitian at ChristianaCare**

Wilmington, DE, US

April Callahan is a licensed registered dietitian at ChristianaCare.

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## **Biography**

April Callahan is a licensed registered dietitian who specializes in helping people get off the dieting roller coaster to adopt healthy habits that will not only help them achieve their present goals but maintain them long term.

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## **Areas of Expertise**

Food and Nutrition

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## **Education**

**Drexel University**

B.S. Nutrition and Food Science

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