

Ara Jo

Clinical Assistant Professor at University of Florida

Gainesville, FL, US

Ara Jo has expertise in healthcare system management and the development of preventive care models for chronic diseases and risk assessment.

Biography

Ara Jo's primary research interests focus on evidence-based prevention care models for chronic diseases such as screening, physical activity and risk assessment in primary care settings. Ara is particularly interested in healthy body composition measurement and utilization in health care settings. She also conducts research on healthcare utilization outcomes in Florida.

Areas of Expertise

Body composition assessment, Healthcare System, Preventive care model for chronic diseases (i.e., diabetes and prediabetes), Sarcopenia

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