

Asimina Lazaridou, Ph.D.

Doctoral Faculty - Clinical Psychology at Fielding Graduate University

Boston, MA, US

Specializing in Chronic Pain, Opioid Use Disorders, and Mind-Body Therapies

Biography

Prior to joining the Clinical Psychology program at Fielding University, Dr. Lazaridou was a postdoctoral fellow at Massachusetts General Hospital, Surgery Department and a Clinical fellow at McLean Hospital, Belmont, MA. Dr. Lazaridou is currently a researcher at the Anesthesiology department at Brigham and Women's Hospital/Harvard Medical School. The focus of her work has been on the effects of cognitions and emotions on physiological responses to painful stimuli. Current studies include an investigation of how pain affects the human immune system, and how psychosocial processes such as negative emotions (e.g catastrophizing) may magnify the physiological impact of pain. More recently, several of her ongoing projects evaluate the effects of behavioral interventions for chronic pain, anxiety, depression and opioid use disorder (e.g., cognitive-behavioral therapy, mindfulness, and yoga.)

Industry Expertise

Education/Learning, Research, Writing and Editing

Areas of Expertise

Chronic Pain, Psychosomatic Conditions, Mood Disorders, Anxiety Disorders, Opioid Use Disorders

Event Appearances

The relationship between Quantitative Sensory Testing (QST), clinical pain and catastrophizing in fibromyalgia patients, with Galenkamp L.,Berry M., Napadow V., Edwards R.

(2018) International Association in the Study of Pain (IASP)

The impact of yoga on pain, fatigue sleep and catastrophizing, with Koulouris A., Schreiber K., Edwards R.

(2018) International Association in the Study of Pain (IASP)

The relationship between Quantitative Sensory Testing (QST), clinical pain and Mindfulness in fibromyalgia patients

(2018) American Pain Society 37th Annual Scientific Meeting

Ecological Momentary Assessment of the Relationships between Sleep Affliction, Neuroendocrine and Allodynia in Fibromyalgia Patient: The Impact of Daily Yoga Based Exercise (ASANA) with Buliteanu A.
(2018) American Pain Society 36th Annual Scientific Meeting

Education

University of Macedonia, Greece
PhD Clinical Psychology

University of Surrey, UK
MSc Health Psychology

Aristotle University, Greece
BSc Clinical Psychology

Accomplishments

ISCS Travel Scholarships, Mind and Life Institute
2014 & 2016 Travel Scholarships

Young Investigator Travel Award from American Pain Society
2015

Vrakas Scholarship from Aristotle University
Awarded on the basis of merit

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