

Bill Wright

Owner at MyCoachBill

Nepean, ON, CA

I work with professionals in obtaining life work balance

Biography

Bill Wright is an Ottawa based speaker, coach, trainer and writer. Bill taught for thirty years at Algonquin College where he honed his presentation and adult learning skills. During the teaching career he experienced burnout twice. After the second burnout he got a little wiser and spent time learning about the signs and prevention of burnout. He became a resource for colleagues often answering questions on work-life balance and how to be your personal best. This is some of what he brings when working with you. As he neared the end of his teaching career he took coaching and speaking training so that he could share this information with as many people as he could. His passion is ensuring that people don't needlessly suffer and that they become their best; increasing productivity and happiness. Bill is on the Ottawa Board of CAPS (Canadian Association of Professional Speakers) and was recently selected as their "Rising Star for 2011". He is also a member in good standing of the ICF (International Coaching Federation) and is a member of the Canadian Mental Health Association.

Availability

Keynote, Workshop, Author Appearance

Industry Expertise

Health and Wellness, Training and Development, Education/Learning

Areas of Expertise

Life Work-Balance

Affiliations

GSF, ICF, CAPS

Accomplishments

Rising Star

Selected Ottawa CAPS Rising Star 2011

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