

Brian Catania, MPT, SCS, ATC

Physical Therapist and Site Manager of Rehabilitation Services at Glasgow at ChristianaCare
Wilmington, DE, US

Brian Catania, MPT, SCS, ATC, is a physical therapist and site manager of ChristianaCare Rehabilitation Services at Glasgow.

Biography

Brian Catania, MPT, SCS, ATC, is a physical therapist and site manager of ChristianaCare Rehabilitation Services at Glasgow who has attracted national attention for trailblazing new types of therapy. Routinely sought after for media interviews, Brian co-created the Core Sling System which has been used to prevent and reduce injuries by athletes across the country, including the Super Bowl champion Los Angeles Rams. This research has been published in The New York Times Well Section and as a cover story in the Philadelphia Inquirer Health Section. Skilled at synthesizing complex health information to make it relatable to the public, Brian even wrote, directed, and starred in the educational play called "Naked Brains on Stage" to highlight the care available for those recovering from a concussion.

Areas of Expertise

Healthcare Leadership & Management, Dry Needling, Orthopaedic rehabilitation, Injury Recovery, Injury Prevention, Physical Therapy, Core Sling System, Sports Rehabilitation

Education

University of Delaware

Master's Degree Physical Therapy

University of Maryland

University of Maryland at College Park Biology

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