

Carrie Arnold, Ph.D., MCC, BCC

Associate Faculty - Evidence Based Coaching | School of Leadership Studies at Fielding Graduate University

Centennial, CO, US

Leadership coach, consultant, author, researcher, and educator

Biography

Dr. Carrie Arnold is passionate about helping others find their voice! In addition to serving as Associate Faculty for the Evidence Based Coaching Program at Fielding Graduate University, she is the principal coach for The Willow Group. She has over 25 years' experience working in health care, human resources, training, and organizational development; and has worked for multi-hospital systems in leadership positions. Since 2011, she has owned and operated her own consulting business. She is author of the book 'Silenced and Sidelined: How women leaders find their voices and break barriers.' Dr. Arnold trained as a leadership coach at Georgetown University through their Center for Continuing and Professional Education. She is certified by the International Coach Federation (ICF) as a Master Certified Coach (MCC) and a Board Certified Coach (BCC). She holds three degrees from Fielding Graduate University, including a PhD in Human Development. She is also a fellow with the Institute for Social Innovation and continues post-doc research on voice and silencing. Dr. Arnold's coaching philosophy is to take a strengths-based approach with clients and co-create the coaching relationship based on the client's desire to grow. She uses a multidisciplinary approach and follows evidence-based practices while subscribing to the ICF core coaching competencies. As a coach, Dr. Arnold works with multiple federal government agencies, all levels of education, health care, and private sectors, and has worked with over 300 individual and group clients. She coaches emerging leaders as well as c-suite clients, physicians, and superintendents. Dr. Arnold is certified to administer and interpret The Leadership Circle Profile, the Myers-Briggs Type Indicator (MBTI)®, DiSC, and the Social & Emotional Intelligence Profile.

Industry Expertise

Training and Development, Program Development, Research, Education/Learning, Professional Training and Coaching

Areas of Expertise

Women's Leadership, Research on Silencing, Voice with Currency, Masterful Coaching, Coach Training, Mentoring

Affiliations

Georgetown University Alumni Association - Career Coaching Partnership Program : Member, International Coach Federation (ICF) : Member, International Coach Federation (ICF) Colorado Chapter : Member, Denver Women's Press Club : Member

Event Appearances

The Silencing Factor: Executive women and voice

2019 Women Lawyers Group Retreat - Keynote - SheppardMullin

The Silencing Factor: Executive women and voice

2019 Leadership Series - Illinois Critical Access Hospital Network

The Silencing Factor: Executive women and voice

2019 Manatt Women's Initiative Summit - Manatt, Phelps & Phillips

The Silencing Factor: Executive women and voice

2019 Women's Leadership Initiative - Brownstein Hyatt Farber Schreck

The Silencing Factor: Executive women and voice

2018 Women's Initiative Think Tank - Keynote - Orrick Law Firm

Coaching the Silenced Female Leader: Strategies for both Men and Women

2018 ICF Colorado Chapter

The Silenced Female Leader: Leveraging a valuable voice

2018 Willow Group Workshop

The Silenced Female Leader: Finding voice efficacy

2018 Women in Technology (WIT) - Roundtable Keynote Speaker

How the Topic of Silencing Informs Educators

2017 Guest Speaker: Colorado University

The Silenced Female Leader: Coaching Women to Find Purposeful Voice

2017 Institute of Coaching in Leadership and Healthcare Conference - Harvard Medical School

Coaching the Silenced Female Leader

2017 International Coach Federation Converge Conference

Coaching the Silenced Female Leader: Strategies for both Men and Women

2017 ICF Philadelphia Chapter

Coaching the Silenced Leader

2016 Georgetown Coaching Alumni Conference

Education

Fielding Graduate University
PhD Human Development

Georgetown University - Center for Continuing & Professional Education in Leadership
Certificate of Leadership Coaching

Fielding Institute
MA Organizational Management

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