

Dr. Catharine Christof, PhD.

Senior Lecturer in Theatre Arts at Loyola Marymount University

Los Angeles, CA, US

College of Communication and Fine Arts

Biography

Dr. Catharine Christof Dada received her Ph.D. in Religious Studies from the University of Kent, Canterbury, UK. The focus of her research was on modern experiences of spirituality in Western theatre. She received her first degree in Theatre from LMU and subsequently trained as a classical actress at the prestigious Bristol Old Vic Theatre School in England. Catharine has acted in several productions for the Royal Shakespeare Company -performing at theaters at Stratford and at the Barbican in London, as well as playing leading roles in many repertory theaters throughout the UK. She was Artistic Director of the Sacred Performance Project - her company's work has been seen at festivals at Pari in Italy, and at Canterbury and Oxford in the UK. Catharine holds an MA (Hons) in the Study of Mysticism and Religious Experience also from the University of Kent at Canterbury, UK. Her first full length text was published by Routledge, Study of Religion Series, entitled Rethinking Religion in the Theatre of Grotowski, Oxford, UK: Routledge, 2017. Dr. Dada is proud to be a Program Officer for Project Welcome Home Troops ?teaching an evidence-based form of breathing meditation to Veterans with PTSD. She is currently creating a Theatre of War class for Fall 2018 at LMU.

Industry Expertise

Social Services, Religious Institutions, Performing Arts

Areas of Expertise

Breath-Based forms of Meditation, Kabbalah, Renaissance Theatre, Lived Religion, Drama and the Sacred, Modern Spirituality, Embodied Spiritual Experience, Theatre as Theology, Performing Shakespeare, Western Esotericism, Christian Mysticism

Affiliations

British Association for the Study of Religion, British Actors Equity

Education

University of Kent at Canterbury

Ph.D. Religious Studies

Bristol Old Vic Theatre School

MFA Theatre

University of Kent at Canterbury
M.A. Study of Mysticism & Religious Experience

Loyola Marymount University
BA Theatre Arts

Homerton College, Cambridge, UK
BA Theatre

Accomplishments

Interfaith Seminary, UK
Catharine trained for two years in Spiritual Counseling and Interfaith Ministry, at the Interfaith Seminary, UK.

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