

Cindy Pivacic

Speaker & IEC Facilitator HIV/AIDS at AID My Journey - Support

Durban, KwaZulu Natal, ZA

Speaker living positively with HIV/AIDS

Biography

I am a speaker and IEC Facilitator on HIV and AIDS. I have been living positively with HIV and AIDS since November 2004 and the budding author of the yet unpublished 'AID My Journey'. I have lived through numerous challenges and would like to share my journey from diagnosis through to the present stage of my life, proving that HIV and AIDS is a manageable disease, and need not be a death sentence. I am living proof that a healthy lifestyle can prolong your existence; if you have prior knowledge of what to do, where to go and when and how to do it. This makes my speaking relevant, personal and is designed to be both educational and motivational. If I manage to inspire just one person, I will consider this part of my life successful. The life threatening condition changed the way I thought, lived, ate, slept, had relationships, related to other people also changing with who and where I socialised. The perception amongst the black South African community is that white people, specifically white women are not vulnerable to HIV/AIDS; my knowledge of this comes from actual counselling of the black South African community, which is partly what inspired me to share my status assisting in removing the stigma associated with the disease.

Industry Expertise

Non-Profit/Charitable, Health and Wellness, Training and Development

Areas of Expertise

Living & Working Positively With Hiv and Aids, Hiv/Aids And/Or Stis Preventative Measures, Symptoms and Acquired Diseases and More....

Sample Talks

Living positively with HIV/AIDS

I am a speaker and IEC (Information-Education-Communication) Group Facilitator taking people through the process of understanding the virus, and the as yet unpublished author of 'AID My Journey'. I have been living positively with HIV and AIDS since November 2004; it need not be a death sentence, 'Having said that, however; 'LIFE' is a death sentence, when we are born the fact is, we are ALL going to die, it's what we do in between with our life that matters'. Having lived through numerous challenges, namely: 'Pneumonia, 'Shingles, '2 x strokes (2005, 2006) 'TB Meningitis and last but not least 'Cancer, specifically, (Angioimmunoblasticlymphadenopathy) which is a rare form of Cancer of the Glands associated with the HI virus ' in Layman's terms ~ Non Hodgkins Lymphoma ~

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