

# **Claudia Fletcher**

**Founder at Third Degree Parenting**

Mankato, MN, US

Humor and Experience from author and mom of twelve woven together to apply to many situations.

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## **Biography**

Claudia Fletcher and her husband are the adoptive parents of 12 children, 10 adopted from the U.S. foster care system and two from a Guatemalan orphanage. She is a Family Life Advocate for Downey Side Families for Youth and an Adoption Specialist for the Adopt America Network. Claudia is a former college administrator who has a B.A. in Behavioral Science and an M.Ed in Guidance and Counseling. She has spoken nationally about adoption issues and has had many articles published relating to permanency for children and supporting adoptive parents.

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## **Availability**

Keynote, Panelist, Workshop, Author Appearance

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## **Industry Expertise**

Non-Profit/Charitable, Religious Institutions, Social Services

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## **Areas of Expertise**

Parenting Survival Tips, Management Principles Learned From Parenting 12 Kids

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## **Sample Talks**

### **12 Survival Tips Learned from Parenting 12 Children**

Shared from the perspective of a foster/adoptive parent, this presentation articulates twelve practical ways that parents can respond to the behaviors of abused and neglected children in healthy ways. The presentation focuses on the need for parents to change themselves as opposed to attempting to "fix the kids." Participants leave feeling motivated and empowered to make a difference in the lives of children by changing themselves. (Also available as a seminar).

### **Disruption Prevention**

Geared toward adoption and foster care professionals and therapists, this keynote teaches professionals how to prepare parents to make a lifetime commitment to a child or children. Strategies for parenting difficult children are shared with helpful hints on how to pass those techniques and attitudes on to parents (Also available as a seminar.)

### **A Glimpse of God's Heart: How Trying to Change My Kids Changed Me**

Based on my book of the same title, this presentation, with a target audience of Christian Women, explains the things I learned about God from attempting to change my children. This presentation is filled with humor and funny stories and is very well received.

### **Anger and Arguments: Avoiding Both to Parent with Hope and Humor**

Teenagers are angry and love to argue -- but we as parents also have our own issues with anger and refusing to argue. Learn about anger and why it is there for both teens and parents and how we can avoid both to parent our kids with a sense of humor that allows us to live a life of joy.

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## **Event Appearances**

### **Title**

Mankato Area Adoption Gathering

### **Title**

Adopt America Authors Presentation

### **Title**

North American Council on Adoptable Children (NACAC) Annual Convention

### **Title**

DFACS Regional Parent and Professionals Conference

### **Title**

Sisters in Grace Women's Conference

### **Title**

Oklahoma Children's Behavioral Health Conference Keynote

### **Title**

Adoption Forum

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## **Education**

### **South Dakota State University**

M.Ed Guidance, Counseling and Personnel Services

### **Oklahoma State University**

half of course work completed Higher Education Administration

### **Oklahoma Wesleyan University**

B.A. Behavioral Science

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