

# **Daniele Thibodeau**

**Principal Consultant at Apotex Inc**

Toronto, ON, CA

Project Management

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## **Biography**

A certified Project Manager Professional (PMP) with twenty years experience in the pharmaceutical industry. Trained research chemist with strong background in project management. Fluent in English and French with proven skills for leadership, collaboration, organization, and communication.

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## **Availability**

Workshop

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## **Industry Expertise**

Pharmaceuticals

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## **Areas of Expertise**

Dealing With Procrastination

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## **Affiliations**

Toastmasters International, PMI

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## **Sample Talks**

### **Deal with Procrastination NOW!**

Do you wish you could: - Control your impulse to postpone tasks indefinitely? - Accomplish more in less time? - Feel less guilty about unmet commitments? - Reduce your stress level by being better organized? Here is an opportunity to learn how you can make your wish come true. Learn how to deal with procrastination by a simple process: identify, plan and act. Learn techniques and tools to be more in control of workflow, do more in less time and with less stress, address procrastination in self and others.

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## **Education**

**York University - Schulich School of Business**

Master Certificate in Project Management

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