David Maginley

Spiritual Care Practitioner at Nova Scotia Health Authority

Halifax, NS, CA

Spiritual counsellor, four-time cancer survivor, near death experiencer, public speaker and author

Availability

Keynote, Panelist, Workshop, Author Appearance

Areas of Expertise

Integrative Medicine, Compassion fatigue, Medical assistance in dying, Grief & bereavement, End-Of-Life Care, Palliative Care, Spiritual Care, Psychosocial Oncology, Cancer Care, Near-Death Experiences

Affiliations

Canadian Association for Spiritual Care: Certified Specialist, Canadian Association of Psychosocial Oncology: Member, American Center for the Integration Of Spiritually Transformative Experiences: Member, International Association for Near-Death Studies: Member, Atlantic Therapeutic Touch Network: Teacher

Sample Talks

Spiritual Dimensions of Medical Assistance in Dying

Medical assistance in dying is seen by many either as the ultimate act of compassion, or an act of transgressing the 7th commandment. Few issues have stirred the debate on end-of-life care so intensely, or are so ripe for moral distress. While the conversation has focused largely on medical and legal aspects, it is the spiritual dimensions of MAID that inform the heart of this debate. Such conversations are subliminally shaped by our theology of suffering, death and dying, the afterlife, our concept of moral culpability and of the gift of life. Unless these spiritual aspects are overtly and intentionally honoured, they can actually become a source of even more suffering and distress. Explore the various faith perspectives on MAID, as well as the complex ethical dynamics at play in this ultimate act at the end of life.

Compassion Fatigue: The Cholesterol of Care

Compassion Fatigue Self-care is critical in maintaining vitality and depth in our practice of care of others. Learn in this presentation to recognize supportive and maladaptive coping strategies in the face of suffering, how to bring closure and honour those we care for through rituals, and deepen our own humanity as we witness those who help us prepare for our own eventual death and transformation.

Near Death Experiences - Hope, Hypoxia and Hypotheses

Many patients report mystical experiences near end-of-life, which they hesitate to share for fear of judgment, dismiss as hallucination, or side effects of narcotics. The nature and frequency of these experiences are explored against medical and non-medical explanations. A supportive response from caregivers is reviewed that will help integrate these life-changing events.

The Wisdom of Grief

Grief is the price we pay for love, a necessary wilderness of the soul. Handled well, we emerge both vulnerable and strong. Unresolved, it cripples the heart and soul. Experience in this presentation the gateway of grief to a larger life, a deeper humanity, through integrating the unfinished love stories of our lives.

Unpacking for the Journey

Death is the most undesired event in life, yet one required for our transformation. Explore practical and spiritual preparation helps one face mortality. Prepare for end-of-life with steps that heal the heart, connect with hope, and best support family and loved ones.

Event Appearances

NDEs and the Unfinished Love Stories
International Association for Near Death Studies Conference

Compassion Fatigue: The Cholesterol of Care (Keynote)
National Association of Perianastesia Nurses Conference

Spiritual Dimensions of Medical Assistance in Dying (Keynote)
Canadian Association of Nurses in Oncology National Convention

Complete list of presentations can be found at:

http://www.davidmaginley.com/speaking-and-media-engagements/recent-presentations/

Education

Lutheran Theological Seminary Saskatoon M.Div.

University of Saskatchewan

B.A. Philosophy and Religious Studies

Accomplishments

Canadian Association for Spiritual Care Award of Excellence in Professional Practice

This award is to be given to an individual who has exemplified excellence in their professional practice, in the areas of education, psycho-spiritual therapy, or spiritual care.

Nautilus Book Awards - Silver

The Nautilus Book Awards honour titles of exceptional merit that make a literary and heartfelt contribution to spiritual growth, conscious living, high-level wellness, green values, responsible leadership and positive social change, as well as to the worlds of art, creativity and inspiration. Nautilus award-winning authors include Brené Brown, Rob Bell, Deepak Chopra, Marianne Williamson, Thich Nhat Hanh, Eckhart Tolle, and His Holiness the Dalai Lama.

Shelf Unbound Top 100 Indie Book Award

Shelf Unbound Magazine selects the best Indi published books of the year.

Cancer Care Nova Scotia Award of Excellence Nomination

These awards honour health care providers in the areas of leadership, innovation, patient care and practice.

Testimonials

Ann Kwasnik-Frawczy, MD, ABFP, CCFP

"David has the uncanny capacity to walk into a patients room as a stranger, and bring about a transcendence that provides not only a nurturing of the soul, but solace and ease of suffering in a multi-dimensional fashion. As a Family Physician for over 30 years and now studying Palliative Medicine, I have had the privilege to experience the true harmony of spiritual care in the comforting of patients near end of life. David shares his wisdom in a very relatable way. He has a delightful ease about him as well as a great learned proficiency of our existential being."

Marilyn Landry RN, BN, M.Ed

"David has an amazing ability to touch the emotional core of what patients and their loved ones are thinking and feeling as they go through the cancer experience. Patients and family members often share that David's presentation is the highlight of the day and can often brings them to tears."

Lisa Covey, BScN,RN

"I have had David share his wisdom on death, dying and transformation with some new nurses in our organization. These care providers face tragedy and death frequently in their jobs, and often find end of life care emotionally challenging. His calm, gentle, yet humorous presentation style leaves them feeling peaceful and safe. Many of the new nurses identify him as a 'gem to keep' for these sessions and 'very motivating.' Here's what they say: '[I now know] death is perfectly safe, it's getting there that's hard.' 'My mind was blown away; extremely interesting presentation.' 'David's talk was amazing!! Please always have him speak with the new grads' David's lecture was incredible? great energy, great info, great connection'"

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