

# **DeAndre Caldwell, DPT, ATC, OCS**

**Physical Therapy Program Manager at ChristianaCare**

Wilmington, DE, US

DeAndre Caldwell is a physical therapist and the program manager at ChristianaCare Rehabilitation Services in Smyrna.

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## **Biography**

DeAndre W. Caldwell is a doctor of physical therapy and the program manager at ChristianaCare Rehabilitation Services at the Smyrna Health & Wellness Center. He has provided expertise to the public on how his team partners with patients to develop treatment options for low back pain, chronic pain and orthopedic injuries. DeAndre developed and serves as team lead for Christiana Care Rehabilitation's first chronic pain program, which is now available in 8 different clinics. He was a key contributor in the award winning Lumbar Radiculopathy Clinical Pathway for standardization of care for low back pain and sciatica. DeAndre received the Exceptional Achievement award from Dr. Adrian Louw/Evidence in Motion for excellence in therapeutic pain specialization program. DeAndre has a message of hope that the body is extremely adaptable and there is often a chance for positive change.

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## **Areas of Expertise**

Low Back Pain, Orthopaedics, McKenzie Method

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## **External Service & Affiliations**

Evidence in Motion : Teaching Faculty, JOGO Health : Board Member

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## **Event Appearances**

**Beyond Taboo: Accessing Spirituality to Augment Healing**  
Align National Conference

**Don't Let Pain Stop You!**  
ChristianaCare Rehabilitation Lecture Series

**CRPS: A journey from misunderstood and doomed to understanding and hope: Rehabilitation Focus**  
Kaiser-Din Foundation New Perspectives Fall Conference

**Maximal Rehab with minimal Medication**  
12th Annual Delaware Orthopedic Symposium

### **Conquering Chronic Pain**

Guest Lecturer, Physical Therapy Assistant (PTA) Program at Delaware Technical Community College

### **Mechanical Diagnosis and Therapy (MDT) of the spine for the PTA**

Guest Lecturer, Physical Therapy Assistant (PTA) Program at Delaware Technical Community College

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