Doug Smith

Principal at DSE Network Inc. Ottawa, Canada Area, ON, CA NHL Story - Author & International Speaker on Building Performance

Biography

MY BOOKS THE TRAUMA CODE - Physical & Emotional Injury, Unlocking performance, Recovery Solutions and science to prove that you heal yourself. THRIVING in TRANSITION, How to turn adversity into the opportunity of a lifetime KEYNOTE Unlock The Mind & Unlock Performance. An awakening journey from childhood leg braces, unlikely rise to the NHL by 18, brain injury, spinal cord injury and the tools in the mind that anyone can access to recover faster and perform better. Introducing the latest scientific research on the human mind, the story delineates Doug?s realizations after breaking his neck and experience of taking control of his self image, conditioning, trauma and performance in his personal and business life after hockey, to raising your own personal and business performance levels today. Doug reveals the tools he used and you can use as well. The result of hard work and waking up after his identity was shattered by a head first collision with the boards. ?It was uncanny how Doug's keynote was in perfect alignment with our two day leadership workshop without us briefing him in advance. We got the inspiring message that we were expecting and we got much more.? James S. Paul, President & CEO Defence Construction Canada ?The Trauma Code is a must read for those studying personal development, recovery and performance. It is rare that personal achievement and the science to back it up are demonstrated in the same book. Doug Smith has done it ?? - Jack Canfield, author of Chicken Soup for the Soul ?Doug brings a passion that is rooted in real life experience. He puts a new perspective on challenges and hearing him speak helped my business and my career.? Landon French, AVP, Corporate Affairs & Event, Canadian Tire Corporation HALF DAY WORKSHOP Internalize Performance Interactive 4 hour workshop. 1. Build neurons 2. Perform better 3. Recover faster 4. Accomplish more 5. Be happier In today's business world, you are either quick or you are dying.

Availability

Keynote, Panelist, Workshop, Host/MC, Author Appearance

Industry Expertise

Health and Wellness, Publishing

Areas of Expertise

The High Performance Brain, Unlocking Performance, High Performance Teams, The Gift of Performance, Phenomenal Outcomes

Affiliations

Canadian Paraplegic Ass., Buffalo Sabres Alumni Ass., Ottawa Senators Alumni Ass., Pittsburgh Penguin Alumni Ass., Numerous business associations, Edmonton Oiler Alumni Ass., Vancouver Canucks Alumni Ass.

Sample Talks

The Untold Truth about Success, Freedom and Trauma

Trauma hurts the performance of the human mind. Acquired Brain Injury (ABI) is a national and international health care crisis and yet widely misunderstood. ABI is any injury caused by emotional and/or physical trauma to the brain and impacts all of us. The Brain Injury Association of Canada (BIAC) stands for awareness and has recently seen public interest in ABI and brain performance skyrocket from 250 inquiries per month to over 5000 inquiries per month. As public interest continues to grow..

Event Appearances

Unlocking Performance Keller William Annual Awards Breakfast

Parformance Meets Trauma Brain Injury of Canada

Unlocking Your Performance Canada Border Services Agency

Hundreds of Appearances and Speaking Engagements Focus on high performance for individuals and organizations

Booking Now for Summer & Fall 2012

Scheduled to Speak

Education

Empire State College Social Studies

Bell High School High School Advanced

Accomplishments

Bobby Smith Award Academic Award

NHL Hockey Player

Drafted first round, 2nd overall at age 18 by the Los Angeles Kings. Over 600 professional games played before a broken neck and spinal cord injury ended career at age 29

Wall of Fame City Award for Accomplishiment in Sport

Director of Business Development Echelon Internet and Internic.ca

President Arc Stainless Inc. http://www.arcstainless.com

Board of Directors Canadian Paraplegic Association of Ontario

National Spokesperson Brain Injury Association of Canada

Author & International Speaker

Writer and speaker on performance, trauma and the power of the subconscious mind. Author of The Trauma Code...Thriving in Transition & Phenomenal Outcomes (Power of the Platform)

Owner DSE Network Inc. Publishing

Testimonials

Christopher Beaudoin

"Doug?s riveting story and dynamic presentation kept everyone on the edge of their seats. His no fluff approach left everyone with options and the tools to make ongoing improvements in their personal life and professional careers."

Dr. Paul Roumeliotis, MD CM, MHP, FRCP©

?Thank-you for the wonderful talk you gave at our Christmas luncheon. The event was a tremendous success and timely for our staff that have worked so hard over the past 3 months with H1N1.?

Max Keeping, CTV News

"Doug personifies inspiration; he captures audiences easily, and engages them to find their own power to make life better for others."

Landon French

"Doug brings a passion that is rooted in real life experience. He puts new perspective on challenges and hearing him speak has really helped my communications and PR business."

James S. Paul

?It was uncanny how Doug's keynote was in perfect alignment with our two day leadership workshop without us briefing him in advance. We got the inspiring message that we were expecting and we got much more.?

Christopher Beaudoin

"Doug?s riveting story and dynamic presentation kept everyone on the edge of their seats. His no fluff approach left everyone with options and the tools to make ongoing improvements in their personal life and professional careers."

Ron Wiens

?Spectacular! Doug has woven his story with success principles of life helping others realize that every one of us has a success story within us. Doug is living proof of the power of the human mind.?

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