

Dr Jane Waite

Senior Lecturer, School of Psychology at Aston University

Birmingham, , GB

Dr Waite focuses on understanding the development of mental health difficulties, and improving identification of these difficulties.

Biography

Dr Jane Waite joined Aston University as a lecturer in 2017, having spent the previous four years working at the Cerebra Centre for Neurodevelopmental Disorders as a research fellow and clinical psychologist. In 2020, she became the Co-Director of the Cerebra Network for Neurodevelopmental Disorders. The network focuses on key themes that are central to improving the lives of individuals with intellectual disability who have communication difficulties and complex needs, and their families. Research themes within the network include mental health, autism profiles, behaviours that challenge, pain and sleep. Dr. Waite's research focus is understanding the development of mental health difficulties, and improving the identification of these difficulties, in people with intellectual disabilities and neurodevelopmental conditions. Her research team are developing clinical assessment tools and interventions for individuals with intellectual disability and autistic individuals who use few or no words. She is passionate about dissemination of research findings to families and clinicians, and is lead for an online resource that facilitates this process for people with rare genetic syndromes (www.findresources.co.uk). Dr. Waite is also committed to supporting the next generation of researchers and clinicians with expertise in intellectual disability and her research team aims to prioritise the development of junior researchers and aspiring clinical psychologists.

Areas of Expertise

Neurodevelopmental Disorders, Intellectual Disabilities, Mental Health Difficulties,
Neurodevelopmental Conditions, Communication Difficulties

Education

University of Birmingham

PhD

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