

Dr Shehzad Naroo

Reader, Optometry at Aston University

Birmingham, , GB

Dr Naroo's research interests include contact lenses, dry eye, corneal biomechanics, laser refractive surgery, cataract and lens surgery.

Biography

Dr Naroo is an Associate Professor (Reader) at Aston University and teaches in the area of anterior eye. Shehzad's research interests include contact lenses, dry eye, corneal biomechanics, laser refractive surgery, cataract and lens surgery, intraocular lenses, sports vision and business aspects of UK eye health care. He has authored and co-authored nearly 200 publications (including peer-reviewed, editorials, textbook chapters, non-peer-reviewed etc.). He is Editor-in-Chief of the British Contact Lens Association (BCLA) journal 'Contact Lens and Anterior Eye' and Global President of the International Association of Contact Lens Educators (IACLE). He is a Fellow of the BCLA, IACLE, American Academy of Optometry, European Academy of Optometry and Optics and College of Optometrists. In 2014 he was awarded honorary lifetime membership of the BCLA and in 2017 was awarded lifetime fellowship of IACLE. In 2015 he was awarded the World Council of Optometry (WCO) International Optometrist Award due to various projects helping not-for-profit hospitals and universities in countries, with less developed health care systems, working towards improving their education and patient care. In 2017 he became a member of the International Society for Contact Lens Research, whose membership restricted to around 100 people from around the world who are deemed to be the top researchers in the field of contact lenses. In 2019 he was listed as the 8th global expert in the field of presbyopia research and in 2021 he was listed in the top 200 research optometrists in the world.

Areas of Expertise

RE Ophthalmology, Cataract Surgery, Sports Vision, Refractive Surgery?, Optometry, Contact Lenses?, Economics of Eyecare, Presbyopia, Dry Eyes

Affiliations

Member of International Society for Contact Lens Research, Fellow of European Academy of Optometry and Optics, Fellow of American Academy of Optometry, Fellow of International Association of Contact Lens Educators, Member of Association of Optometrists (UK), Member of the British and Irish Universities Council for Contact Lens Education, Fellow of British Contact Lens Association, Fellow of College of Optometrists (UK), Registered with General Optical Council (UK)

Accomplishments

Aston University Student Union Most Motivational Academic Award in Life and Health Sciences
2017

World Council of Optometry International Optometrist of the Year
2015

Aston Excellence Award
2012

Honorary Life Fellowship of the British Contact Lens Association
2014

**Invited Presenter, All Party Parliamentary Select Committee on Safety in Laser Surgery in the UK,
House of Commons, British Parliament**
2004

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