

# **Dr. Solveig Beyza Narli Evenstad**

**PhD in Organizational Communication. Researcher, University Lecturer, Consultant, Business and Life Coach, Speaker, Author at Bona Censeo**

Oslo, , NO

Communicate better, perform better. How can you improve your communication as individual employee, as team, as organization? Ask me.

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## **Biography**

Solveig Beyza Evenstad, Doctor of Information and Communication Sciences, obtained her PhD in 2016 at the University of Nice Sophia Antipolis, the research laboratory i3M, the department of Information and Communication Sciences. During her PhD, she was also a sessional lecturer (2012-2015) in two subjects in the organizational communication major of the department, in undergraduate and master level. Her PhD thesis was on the role of communication in work-related stress and burnout. She obtained her master degree in Organization and Leadership in 2011 (Master of Management, High Honors, NTNU, Trondheim, Norway) with a specialization in Relationship Management: Coaching, Counseling and Motivation. She holds also a BSc in Informatics (1988, Honors, University of Oslo) and BA in Management (1985, High Honors, Bogazici University, Istanbul). She worked with information and communication systems in global companies as a line manager, consultant, project manager, and system developer in 20 years before embarking upon her academic career. International assignments/ residency: USA, Mexico, Spain, Sweden, Belgium, Switzerland, France, Norway, Turkey. Speaks: English, Norwegian, Turkish, French

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## **Availability**

Keynote, Panelist, Workshop, Author Appearance

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## **Areas of Expertise**

Organizational Communication, Organizational culture and behaviour, Work-related stress and burnout, Intercultural Communication, ICT organizations and ICT management

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## **Affiliations**

University of Nice Sophia Antipolis, BS-Lab

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## **Event Appearances**

**?The temporal acceleration of communication in organizations: the ICT workers, enablers or victims??**  
World Organization of Systems and Cybernetics Congress 2017

**?Internal communication, acceleration and psychosocial risks?**  
Académie Scientifique 2016 : ?Communication & Temporalités??

**?The temporal acceleration of communication in organizations: the ICT workers, enablers or victims??**  
French National Information and Communication Sciences Congress, SFSIC

**?How to Tackle Information Overload? Porter Revisited?**  
BS-Lab International Symposium

**?Information underload ? a matter of organizational culture, process and technology?**  
7th Doctorales, Journées de la Jeune Recherche

**The stress of information overload in the absence of strategic information management?**  
6th Doctorales, Euro-Mediterranean

**?Be excellent and do more with less?: a paradox behind job burnout threatening organizational sustainability?**  
BS-Lab International Symposium

**?The only constant is change!?**  
Seminar

**?How to handle intercultural communication challenges in mergers and acquisitions (M&A): A case study of two widely different companies merging?**  
The 9th ABC (Association of Business Communication) European Convention

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## **Education**

**University of Nice Sophia Antipolis**  
PhD Organizational Communication

**Norwegian University of Science and Technology**  
Master of Management Organization and Leadership

**University of Oslo**  
Cand Mag. (BSc) Systems Analysis

**Bogazici University, Istanbul, Turkey**  
BA in Management Management

**Middle East Technical University, Ankara, Turkey**  
Social Sciences

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