

Ellen Snortland

Author at

Think Globally, Act Locally, Personal Safety is as Local as You Can Get!

Biography

Ellen Snortland has her Juris Doctorate from Loyola Law School Los Angeles and is a writing and first-time author coach; immediately after passing the California Bar exam, she struck out to follow her dreams to be a performer, women's advocate and author. Her newest book, "The Safety Godmothers," <http://tinyurl.com/SG-Amazon> co-authored with Lisa Gaeta, was just released. Her work as an author, self-defense advocate and instructor has been featured on Dateline NBC with her book, "Beauty Bites Beast," <http://tinyurl.com/SnortlandBBB>. Ellen's TED Talk "The Personal Safety Paradox," <http://tinyurl.com/tedx-ellen> provides a concise view of Snortland's style: humorous and thought-provoking. Ms. Snortland believes that "Think Globally, Act Locally," is vital for women and girls. Females of all species know how to protect themselves and it's a birthright for human females too. She says, "There's nothing more local than one's own body." A regular columnist for the Pasadena Weekly, and a Huffington Post blogger, she's a tireless advocate for women and girls and physical safety for all, including gentle boys and men. She is a Goodwill Ambassador for the National Women's History Project. Her acclaimed one woman show, "Now That She's Gone" is a comic memoir about growing up Norwegian American in Colorado and South Dakota. A former president of the United Nations Association, Pasadena /Foothills Chapter, Snortland has attended United Nations world conferences and annual UN meetings as an NGO delegate, and journalist. She is currently focused on theater raising funds for and directing, "Beauty Bites Beast," a documentary based on her self-defense advocacy. She is currently on the boards of Consumer Watchdog, IMPACT Personal Safety and 50-50 Leadership, a non-profit that envisions more women and girls in leadership positions. www.snortland.com. She joyfully lives with her husband, Ken Gruberman, aka, The TechDaddy, and their two naughty dogs, in Altadena, CA.

Industry Expertise

Corporate Training, Airlines/Aviation, Corporate Leadership, Mental Health Care, Safety, Health and Wellness, Defense, Non-Profit/Charitable, Education/Learning, Law Enforcement

Areas of Expertise

Physical Literacy, Self-Defense, Safety for Real Estate Professionals, Safety for Airline Personnel, Safety for Mental Health Professionals, Self-Defense for Team Building, Personal Safety

Affiliations

IMPACT Personal Safety Los Angeles, UNA

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