

# **Elsy Arévalo**

**Instructor and Assistant Director at Loyola Marymount University**

Los Angeles, CA, US

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## **Biography**

Elsy Arévalo is an extension instructor and assistant director of the Center for Religion and Spirituality. She coordinates and teaches in the Christian Spirituality, Spiritual Direction, and Contemplative Practices programs, both in English and Spanish. In addition to her work in Christian spirituality, she has over a decade of experience working in key leadership positions in the nonprofit sector. As the director of the Mentoring Institute, director of the California Mentoring Project, and Technical Assistance manager for the U.S. Department of Education Mentoring Project she provided vision, direction, and oversight to training and technical assistance initiatives, served as a key presenter at nationwide forums and conferences, and developed training curricula and materials. Ms. Arévalo has extensive experience working directly with diverse communities including minority youth, immigrant families, and individuals in crisis. She obtained her Masters in Pastoral Theology, with a specialization in Spiritual Direction, from Loyola Marymount University.

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## **Education**

**Loyola Marymount University**

M.A.

**Loyola Marymount University**

B.A.

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