

# **Eric Hekler**

**Associate Professor, Family Medicine And Public Health at UC San Diego**

San Diego, CA, US

Research is broadly focused on advancing methods in the design, creation, optimization, evaluation, & reuse of digital health technologies.

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## **Biography**

Dr. Eric Hekler, PhD, is an Associate Professor in the Department of Family Medicine & Public Health in the University of California, San Diego (UCSD), the Director of the Center for Wireless & Population Health Systems within the Qualcomm Institute at UCSD, and the faculty member of the Design Lab at UCSD. His research is broadly focused on advancing methods in the design, creation, optimization, evaluation, and reuse (scaling up and out) of digital health technologies. His goal is to contribute towards a form of applied science that facilitates equitable participation, contribution, and benefit for all. There are three interdependent themes to his research, advancing: 1) methods for optimizing adaptive behavioral interventions; 2) methods and processes to help people and communities help themselves; and 3) research pipelines to achieve efficient, rigorous, context-relevant solutions for complex problems, a domain he and his colleagues have called agile science. He has over 100 publications that span the many disciplines he contributes and has an active federal and foundation funding. He is recognized internationally as an expert in the area of digital health.

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## **Areas of Expertise**

Coronavirus, Psychology During COVID-19, Digital Health, Agile Science, Precision Health, COVID-19

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## **Education**

**Rutgers University**

Ph.D. Clinical Health Psychology

**Rutgers University**

M.S. Clinical Health Psychology

**SUNY Albany**

B.A. Psychology

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