

# Evan Katz

**Speaker / Author / Counselor at The Anger Guy, LLC**

Atlanta, GA, US

Evan Katz, M.C. is The Anger Guy: Speaker and Author of "Inside the Mind of an Angry Man: Help for Angry Men and Those That Love Them".

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## Biography

Evan Katz is "The Anger Guy." Counseling angry men and teens since 1994, his expertise is amongst the best in his field. What makes him stand out is he's lived it. He tells his story of life as an angry man; not changing until after his father's unexpected death. Today, he speaks professionally to colleagues, companies and communities; addressing the most unhealthy social epidemic amongst men and boys throughout the Western world ? ANGER!

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## Availability

Keynote, Panelist, Workshop, Author Appearance

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## Industry Expertise

Health and Wellness, Corrections, Mental Health Care, Corporate Training, Professional Training and Coaching, Social Services, Training and Development, Health Care - Providers, Writing and Editing, Human Resources

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## Areas of Expertise

Angry Men, Anger Management, Addiction, Anger, Continuing Education, Ce Seminars, Parenting, Angry Teenagers, Domestic Violence

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## Affiliations

NAADAC, The Association for Addiction Professionals, American Counseling Association, Licensed Professional Counselor Association of GA, Georgia Therapist Network

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## Sample Talks

### **HOW TO HELP ANGRY MEN AND THOSE THAT LOVE THEM**

Evan Katz, M.C., LPC, MAC, affectionately known as "The Anger Guy," has a unique ability to identify and connect with angry men. Author of the ground breaking book, "Inside the Mind of an Angry Man," he's considered an expert among colleagues and clients alike. His skills and insight come not just from his expertise as a therapist, but from his own experience as an angry man. He's lived it...so he really knows. His goal? To help angry men become the quality men they've always wanted to be.

## **INSIDE THE MIND OF AN ANGRY MAN: WHAT MENTAL HEALTH CLINICIANS NEED TO KNOW**

Continuing Education Seminar (8 hours) focused on helping psychologists, social workers, counselors, teachers and probation officers how to classify, understand, approach, intervene and help angry men and teens. Introduced are: the Katz Anger Cycle, the "5 A's of Anger", the Angerography, the Anger Shield and more.

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### **Accomplishments**

**New Book: "Inside the Mind of an Angry Man: Helping Angry Men and Those that Love Him"**

Evan Katz, affectionately known as The Anger Guy, leads the way through the angry man's mind, shining light on why angry men really act the way they do. His disarming delivery, open-hearted humor and penetrating wisdom bring enlightenment to the mysteries of a man's rage and expose the path to the personal freedom and respect he longs for.

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