

George Nitzburg

Doctoral Faculty - Clinical Psychology at Fielding Graduate University

New York, NY, US

Clinical psychologist, professor and researcher studying where psychology and technology meet

Biography

My current work focuses on (1) examining the impact of modern technological advances on psychological wellbeing, (2) refining telehealth best practices by evaluating how digital tool use may enhance or hinder clinical responses and outcomes and (3) identifying the most persuasive aspects of early and brief interventions (particularly digital outreach efforts) that are most likely to lead to mental health help-seeking.

Industry Expertise

Social Media, Media - Online, Education/Learning, Research, Mental Health Care

Affiliations

American Psychological Association, Association for Psychological Science, New York State Psychological Association

Education

Columbia University Teachers College

Doctor of Philosophy Clinical Psychology

Tufts University

Bachelor of Science Clinical Psychology

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