

Helen Odell-Miller

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Helen is the lead researcher for HOMESIDE, an RCT trial for home-based music therapy for people with dementia & their family carer.

Helen is currently lead researcher for the international EU/Alzheimer's Society UK funded multi-site research project, HOMESIDE, an RCT trial for home-based music therapy for people with dementia and their family carer. For over forty years, Helen's research and clinical work has contributed to establishing music therapy as a profession ? and specifically to innovating approaches in adult mental health, including early links between music therapy and psychoanalysis. She has published widely on music therapy for people with personality disorders, psychosis and depression, and also on arts therapies and mental health. She founded music therapy in the adult NHS mental health service in Cambridge and advises HEE England and the Department of Health on music therapy, serving on many national and international boards. Here at ARU, Helen was co-founder of the MA Music Therapy degree.

Personality Disorder, Adult Mental Health, Music Therapy, Dementia, Arts Therapies

Member/Council for Allied Health Professions Research Strategic Board, Chair/British Association for Music Therapy Steering Group for Music Therapy and Dementia, Deputy Chair/The Music Therapy Charity, Board Member/ International Consortium for Research in the Arts Therapies, Member of The International Consortium for Music Therapy Research, Editorial Board Member/ The Nordic Journal of Music Therapy, Editorial Advisory Board Member/ The British Journal of Music Therapy

Aalborg University

Ph.D.

City University, London

M.Phil. Music Therapy

Guildhall School of Music and Drama

L.G.S.M. Music Therapy

University of Nottingham

B.A. Music

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