

Irene Estores

Associate Professor/M.D. at University of Florida

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Dr. Irene M. Estores research interests lie in integrative medicine in both musculoskeletal and neuropathic pain.

Biography

Dr. Irene M. Estores serves as medical director of the Integrative Medicine Program. Her interest in integrative medicine grew out of self-exploration of other healing and belief systems, a spiritual practice of prayer, self-reflection and meditation, and a mindful experience of wanted and unwanted events in her life. She considers her practice of medicine as a vocation and a spiritual path.

Areas of Expertise

Clinical Hypnosis, Mind-body Medicine, Integrative Medicine, Medical Acupuncture

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