

# **Dr. Jackie Eldridge**

**Co-Founder Hearts and Minds Matter and Teacher Educator at Hearts and Minds Matter and Ontario Institute for Studies in Education**

Toronto, ON, CA

Expertise in building safe, nurturing inclusive classrooms for all children through trauma-informed teaching and effective pedagogy.

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## **Biography**

With many years as an elementary school teacher, a teacher educator, university administrator, keynote speaker and coach, Jackie is passionate about inspiring teachers to be the best teachers they can be so they will be agents of change. Her work at Hearts and Minds Matter is grounded in her belief that schools must be safe, nurturing communities where teachers understand the most effective pedagogy so they can meet the needs of all of their students. Jackie believes that teachers are able to make a difference in the world when they are able to tap into their own understanding of self and others. Jackie's doctoral research on the ethics of care demonstrates her core value of the importance of caring connections in all of life's relationships. Jackie is the author of *Mindfulness: 15 Tips to Get You Started* and *Mindful Stress*. Her current work, *Trauma-Informed Classrooms: Creating Safe Spaces* is in press with UTPress. She has been widely published in a variety of magazines, academic journals, papers and books. She has been honoured with the Dean's Award of Excellence in teaching in 2010 from the University of Toronto, Mississauga. Her current research examines the need for trauma-informed classrooms.

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## **Availability**

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance, Corporate Training

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## **Industry Expertise**

Program Development, Professional Training and Coaching, Health and Wellness, Education/Learning

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## **Areas of Expertise**

Trauma-Informed Schools, Personality Dimensions, Emotional Intelligence in School, Leadership, Teaching & Parenting, Teaching and Learning Methods, Teaching and Learning in Higher Education, Resilience

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## **Affiliations**

Canadian Association of Professional Speakers, Board of Directors: The Roots Collaborative, Board of Directors: Lotus Hero Project

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## **Sample Talks**

## **If You Build it They Will Come: Creating Safe Spaces**

If You Build It They Will Come: Creating Safe Places, is a blend of my own story and the importance of fostering safe and caring learning environments so that children will grow and develop resilience. It brings Maslow's Hierarchy of Needs and Daniel Goleman's Emotional Intelligence together in a way that helps educators and parents reflect on themselves and their children to identify the ways in which we can create a strong community of learners who will go on to do great things.

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## **Education**

**Ontario Institute for Studies in Education: University of Toronto**  
Doctor of Education Curriculum, Teaching and Learning

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## **Testimonials**

### **Dr. Barrie Bennett**

"I have worked with Jackie Eldridge for the last twenty years as a colleague and as a friend. If you were able to follow her around, to watch her interact with others, you would see integrity, organization, flexibility, and communication as hallmarks of both her professional and personal life. From a broader perspective, she embodies the essence of the practical scholar. She wisely merges theory and practice and slices all she does with a delicate and thoughtful sense of humanity. I've personally constructed an image of Jackie as a heart with the mind inside. She tends to focus on a bigger sense of literacy, what Paulo Freire labeled, "literacy of the world" a sense of social justice or building a more collaborative and collegial community of learners. For a number of years, we co-constructed and co-coordinated an innovative Bachelor of Education program at the Ontario Institute for Studies in Education at the University of Toronto. This program provided practical experiences framed by current and past research related to how curriculum, assessment, instruction, and the ways students (including university students) learn merges in the design of powerful learning environments."

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