

Jaime Leal

Director at Emotional Paycheck

Niagara Falls, ON, ON, CA

Give your team a raise without affecting the budget®

Biography

Dr. Jaime Leal is a unique blend of marketer, psychologist, and educator, boasting an impressive academic background with a Master's degree in Negotiation, a Master's degree in Positive Education, and a Doctorate in Education. His diverse expertise positions him as a catalyst for change in the corporate realm. At the core of Dr. Leal's philosophy is the concept of the "Emotional Paycheck." He astutely recognizes the dual nature of workplace compensation, emphasizing not only financial rewards but also intangibles such as expectations, work-life balance, relationships, and career development. Dr. Leal's pioneering work revolves around maximizing this emotional paycheck, aiming to elevate happiness and well-being in professional settings. As an accomplished author, Dr. Jaime Leal has penned two influential books: "The Emotional Paycheck" and "The Bonfire of Well-being." These volumes present a proven methodology for enhancing workplace happiness, resonating with organizations seeking to reduce turnover, boost productivity, and foster a culture of well-being. Born in Mexico and now proudly Canadian, Dr. Leal has lived in the USA and travelled globally, providing consulting services to companies eager for positive transformation. His expertise lies in offering actionable strategies that not only enhance individual happiness but also contribute to organizational success. Beyond his professional achievements, Dr. Leal brings a compelling personal narrative to his role as a speaker and trainer. He participated in a humanitarian relief mission in Haiti in 2010, demonstrating his commitment to making a positive impact. Additionally, his gripping stories include surviving a kidnapping in Mexico the same year and undergoing emergency surgery in Lima, Peru, in 2016. These personal experiences, seamlessly integrated into his training sessions, captivate audiences, keeping them engaged and inspired. Specializing in Communication, Happiness in the Workplace, Leadership with Well-being, and the Emotional Paycheck, Dr. Jaime Leal is a sought-after expert reshaping the corporate landscape. His transformative methodologies, combined with a rich tapestry of personal experiences, make Dr. Leal a trailblazer in pursuing workplace well-being and corporate success.

Availability

Keynote, Panelist, Workshop, Corporate Training

Industry Expertise

Human Resources, Corporate Training

Areas of Expertise

Leadership, Happiness, Communication, Entrepreneurs

Affiliations

Rotary International, International Coaching Federation, BNI, Connect 4 Life, MindSonar

Sample Talks

Fast Forward - Become Tomorrows leader, Today!

In Jaime Leal's experience, there's one main thing that separates leaders from the rest of the pack and that is leaders don't make excuses. They are accountable, not only for their own actions as well as their teams and their organization's performance. Jaime created and uses this seven step process to transform excuses into goals and problems into solutions: -Create a no-excuses environment -Model accountability for your team -Give each team member their full share of responsibility

Modern Day Miracles - The Power of Small Contribution

Follow Jaime on a journey through a series of inexplicable 'coincidences' he encountered while serving as a humanitarian relief volunteer in one of this century's most devastating disasters, Jaime walks the talk on this enriching keynote while the audience discovers how full of modern miracles our life is. -Realize that golden opportunities are all around us -Find the joy even in crisis or disaster - Appreciate the ability we all have to help others in a crisis

Blink - Everything Changes in a Minute

After being kidnapped at gunpoint, Jaime Leal, a well established business owner and television host, rapidly learned how to handle a crisis without losing his cool. His life depended on it. In the end, he arranged for a ransom and was released unharmed. But not unchanged. Jaime applied the wisdom he acquired under pressure to rebuild his highly successful business and now shares what he's learned both from crisis and in business-building with audiences around the world.

Event Appearances

Happiness in the Workplace

3rd. International HHRR Summit

Modern Day Miracles

SouthAmerican Youth Changing the World

Blink - Everything Changes in a Minute

Students

Modern Day Miracles

RYLA International - Youth

In the Blink of an Eye

Event for Women at Rue Pigalle

Modern Day Miracles
CNIB Volunteer-Appreciation Event

Happiness at the workplace
BeerSnob

Education

Southern Methodist University
B.A. Psychology Psychology

MIT
Specialization Negotiation

University TEC Milenio
B.A. Marketing and advertising Marketing and Advertising

University TEC Milenio
Masters Degree Positive Psychology Education

Institute for the Scientific Advancement of Monterrey FOCIM
PhD Education

Accomplishments

Humanitarian Relief Volunteer - Haiti 2010
Served during 45 days as a translator, paramedic and mediator at a campaign hospital in Haiti, right after the earthquake on January 2010.

Special Citizen Award 2009
After my service as a humanitarian relief volunteer, paramedic and SAR team, I was granted the Special Citizen Award by Pazes.ORG a not-for-profit organization in Mexico.

Winner of the Achievement Award by University TEC Milenio
Received prestigious recognition for outstanding contributions to the field of psychology.

Testimonials

Omar Ramroop
We are incredibly fortunate to have Jaime as a member of our community. He is truly a genuine, authentic, and modest role model for social change leaders. I sincerely look forward to collaborating with Jaime again in the near future.

Susan Cheeseman

Jaime's audience told me personally that they were empowered by his message that we are "more powerful than we realize". CNIB volunteers mentioned that they left thinking that "yes, we all have barriers and these barriers can be overcome".

Horacio Gonzalez

Jaime is a great Coach and a fabulous keynote speaker, his story and charm on stage keeps the audience connected, we have used Jaime several times and many more will come for sure.

Jeff Good

Jaime is an eloquent and riveting speaker, sharing remarkable life experiences in a way engage his audience and illuminate his key messages. Not merely uplifting, he has important learnings to share and insights that will motivate and educate everyone that hears him speak. A speaker well worth hearing!

Melanie Taddeo

I have had the pleasure of hearing Jaime Leal speak numerous times on a variety of topics. He speaks with passion, and enthusiasm. His stories and experiences are both moving and inspiring. His audiences walk away feeling inspired and wanting more. I would highly recommend that any group, company, or organization that are wanting to inspire or motivate their staff, volunteers or members that Jaime Leal would be an excellent choice.

Tim Pervin

Jamie has a very strong personal story that shows how resilience and perseverance can result in focus and clarity. Motivational particularly for teams that are under-performing and need an external "reason why" to re-examine their personal/business situations and take action. Highly empathetic, he is a great addition as a motivational speaker for conferences and events.

Sharon Sedhev

Jaime is a powerful coach who provided insights into the thinking style of one of our top performers. I would recommend Jaime to anyone looking to capitalize on great talent within the organization.

Josh Hayter

I was amazed, at how he could take some pretty heavy subject matter, and still manage to have an uplifting message of positive change. I can't think of a better person to bring in as a speaker. Great work Jaime!

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