

Jan Malloch

Author and Speaker at Power Positive Now

Livingston, West Lothian, GB

Jan Malloch - Helping You to Achieve More through Simple, Positive Living

Biography

Jan Malloch is an author and speaker, promoting positive thinking, simple living and achievement through her speaking engagements, workshops and digital products. Through her enthusiasm and infectious positive attitude, she will help you be more focussed on what is important to you, and to have a much more positive outlook on life. Jan is here to help you to live a much more rewarding and fulfilling life by eliminating thoughts and things in your life that are holding you back. As a Master Practitioner of NLP, Jan specializes in helping others to discover and focus on their strengths and talents to determine their purpose in life. Her own top strengths are a love of learning, curiosity, optimism and spirituality, which provides her with valuable opportunities to explore ways to help others to boost their self-esteem, confidence, and outlook on life. She is also a professional genealogist, specializing in Scottish Family and Local History research. Through Jan's work, people have been able to discover their Scottish roots and to realize the hardships and trials that their ancestors faced. To truly appreciate what simple living really is, you need only go back two or three generations to discover a very much simpler, yet happier society. Besides her qualifications in NLP and genealogy, Jan has a BSc Honors degree in Mathematics. She spent 10 years as a Data Network Engineer, and continues to update her IT skills to use in her business. Jan has written numerous articles, and is the author of the book 'The Positive Achiever - 11 Essentials to Achieve the Success You Deserve'. Having grown up in Tarrytown, New York, Jan moved with her mother and sister to Scotland in 1966. She has been married for 25 years and lives in Edinburgh with her husband and 2 grown-up children.

Availability

Keynote, Panelist, Workshop, Author Appearance

Industry Expertise

Information Services, Health and Wellness, Training and Development

Areas of Expertise

Life Purpose, Positive Thinking, Achievement, Simple Living, Positive Outlook On Life

Sample Talks

10 Sure Fire Ways to Achieve More through Simple, Positive Living

Education

The Open University (UK)
BSc (Hons) Mathematics

Accomplishments

Author of "The Positive Achiever - 11 Essentials to Achieve the Success You Deserve"

Advanced Hypnotherapy

Master NLP Practitioner

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