

# **Jan Yager**

**Speaker, Trainer, Coach, Author at Life Management Center**

Stamford, CT, US

High content, strong delivery, original and provocative ideas and information

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## **Biography**

Dr. Jan Yager is the author of 31 award-winning books translated into 30+ languages. She has a Ph.D. in sociology from The City University of New York Graduate Center. Interviewed on major talk shows such as Oprah, The View, Today Show, BBC TV, Sunrise, throughout the U.S., Australia, New Zealand, and the UK, this author/speaker has been conducting original research, as well as workshops and giving keynote addresses, since her early 20s. For more on this author/speaker/trainer, go to her websites: [www.drjanyager.com](http://www.drjanyager.com) and [www.whenfriendshiphurts.com](http://www.whenfriendshiphurts.com) where you will find clips of her speaking, being interviewed on TV, as well as her original blogs and excerpts from her books and reprints of published articles.

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## **Availability**

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance

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## **Industry Expertise**

Writing and Editing, Publishing, Training and Development

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## **Areas of Expertise**

Time Management, Work Relationships, Friendship, Writing, Selling Internationally

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## **Affiliations**

National Speakers Association

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## **Sample Talks**

**WORK LESS, DO MORE**

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## **Event Appearances**

**EFFECTIVE TIME MANAGEMENT**

Materials Research Society

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## **Accomplishments**

### **Book Promotion and Foreign Rights Boot Camp**

An intensive day that was held in May 2011 in New York City that attracted publishers and authors from around the world and throughout the U.S. for a high content day of information including several guest speakers, led by Dr. Jan Yager. One attendee (and author from Australia) met a publisher in the seminar and it led to the author's book being purchased by the U.S. publisher for a U.S./Canada edition of her book!

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