

Jeremy Jamieson

Associate Professor at University of Rochester

Rochester, NY, US

Jeremy Jamieson is a national expert on stress, our responses to it, and how it's not always a bad thing.

Biography

Jeremy Jamieson serves as the principal investigator of the Social Stress Lab at the University of Rochester. His research focuses on social stress and decision making, emotion regulation, and risk and uncertainty. The primary focus of Jamieson's work seeks to understand how stress impacts decisions, emotions, and performance. He is particularly interested in using physiological indices of bodily and mental states to delve into the mechanisms underlying the effects of stress on downstream outcomes. Jamieson is also interested in studying emotion regulation. His research in this area demonstrates that altering appraisals of stress and anxiety can go a long ways towards improving physiological and cognitive outcomes.

Areas of Expertise

Good Stress, Social Anxiety, Positive Stress, Stress Regulation, Stress, Stress Responses, Stress and Teens, Anxiety , Stress and Public Speaking

Affiliations

American Educational Research Association, Association for Psychological Science, Carnegie Foundation, Alpha-Lab Research Network, Society for Affective Science, Society for Experimental Social Psychology, Society for Personality & Social Psychology

Education

Colby College

B.A. Psychology

Northeastern University

Ph.D. Social Psychology

[Please click here to view the full profile.](#)

This profile was created by [Expertfile.](#)