

Jessica Borelli

Associate Professor of Psychological Science at UC Irvine

Irvine, CA, US

Jessie Borelli's research focuses on the links between close relationships and mental health

Biography

Jessie Borelli is an Associate Professor of Psychological Science at University of California, Irvine. She is a clinical psychologist specializing the field of developmental psychopathology; her research focuses on the links between close relationships, emotions, health, and development, with a particular focus on risk for anxiety and depression. Jessie Borelli also maintains a small private practice where she sees children, adolescents, adults, couples and families, with a specialization in the areas of anxiety disorders, eating disorders, adoption, and parenting (www.compass-therapy.com).

Areas of Expertise

Attachment, Parenting, Developmental, Mental Health, Health, Clinical, Parent-Child Relationships

Education

Yale University

PhD Clinical Psychology

UC Berkeley

BA

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