

Kara Sage, Ph.D.

Associate Faculty at Fielding Graduate University

Santa Barbara, CA, US

Associate Faculty - School of Psychology

Biography

Kara Sage joined Fielding Graduate University as an adjunct faculty member in 2021. She received her PhD in developmental psychology from the University of Oregon in 2012, where she examined digital and social learning across infancy, childhood, and adulthood. She also received a master's degree in educational psychology from the University of Washington in 2008, where she focused on human development and cognition alongside conducting research with families of children with autism spectrum disorder. She has extensive experience in higher education, having taught psychology courses at several institutions for over 10 years. She also has a passion for online education and the distributed learning environment, which has reflected itself in both her teaching and research. Her current research has focused most heavily on the effectiveness of different technologies for college students' learning in addition to the underlying factors that contribute to that effectiveness. She has published extensively in primarily educational technology journals and often offers her knowledge to colleagues on topics pertaining to technology in education. Dr. Sage has 3 young children, which provide many useful examples in her developmental psychology courses. Her own experiences raising children have deepened her passion for focusing on developmental psychology from an applied lens and emphasizing the interconnectedness of many life factors. Outside of her role as educator and parent, she also enjoys cooking, playing board games, and sipping on pour-over coffee.

Areas of Expertise

Educational Psychology, Digital Learning, Child and Infant Development, Social Learning

Education

University of Oregon

Ph.D. Developmental Psychology

University of Oregon

M.S. Developmental Psychology

University of Washington

M.Ed. Educational Psychology

University of Washington

B.A. Summa Cum Laude Psychology & Sociology

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