

Kay Roussos-Ross

M.D. at University of Florida

Gainesville, FL, US

Dr. Kay Roussos-Ross' focus is the clinical care of high-risk obstetric patients with psychiatric and substance use disorders.

Biography

Dr. Kay Roussos-Ross is board certified in OBGYN, addiction medicine and psychiatry. Dr. Roussos-Ross holds joint appointments in the Department of Obstetrics and Gynecology and the Department of Psychiatry. Her focus is the clinical care of high-risk obstetric patients with co-morbid psychiatric and substance use disorders. Dr. Roussos-Ross's clinical practice also includes general obstetrics, gynecology and surgical gynecology. Dr. Roussos-Ross is the director of Women's Health at the Shands Medical Plaza and the medical director of the Maternal-Infant Care Project, Healthy Families Florida Program and Healthy Start Psychosocial Program at UF Health.

Areas of Expertise

Postpartum Depression/Anxiety/OCD, Premenstrual Dysphoric Disorder, Perinatal Psychiatry, Perinatal Substance Use Disorders, Perimenopausal Mood Disorders

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