

# **Kelly Ylitalo, Ph.D.**

**Associate Professor, Public Health at Baylor University**

Waco, TX, US

An expert in Physical Functioning, Obesity and Diabetes, Survey Methodology, and Physical Activity.

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## **Biography**

Dr. Ylitalo's research interests include physical functioning, obesity, and physical activity. Specifically, she is interested in physical functioning trajectories during the mid-life and older adult years, and how behaviors like physical activity throughout the life course can facilitate healthy aging trajectories. Dr. Ylitalo applies quantitative statistical methods to longitudinal cohort studies and complex survey samples. As an epidemiologist, she works with national and local partners to evaluate and understand the health of individuals and their communities.

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## **Industry Expertise**

Health and Wellness, Writing and Editing, Education/Learning, Research

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## **Areas of Expertise**

Physical Activity, Obesity and Diabetes, Physical Functioning, Survey Methodology

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## **Event Appearances**

**Perceived barriers of being physically active during the summer and school-year: How do siblings compare in Mexican-heritage families?**

Active Living Research

**Sibling Influence on Physical Activity and Sedentary Behavior in Mexican-Heritage Families**

Active Living Research

**Peripheral Nerve Impairment Predicts Falls and Injurious Falls in Women: Study of Women's Health Across the Nation**

Gerontological Society of America

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## **Education**

**University of Michigan School of Public Health**

Ph.D. Epidemiological Science

**University of North Texas Health Science Center School of Public Health**

M.P.H. Epidemiology

**Baylor University College of Arts and Sciences**  
**B.A. Biology (Pre-Medicine)**

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### **Accomplishments**

**Baylor Fellow, Academy for Teaching and Learning, Baylor University**  
2018 - 2019

**Research Fellow, Texas Hunger Initiative**  
2017 -

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