

Kevin Vincent

M.D./Chair at University of Florida

Gainesville, FL, US

Dr. Kevin Vincent is the director of the UF Running Medicine Clinic and medical director of the UF Sports Performance Center.

Biography

Dr. Kevin Vincent is the John H. and Mary Lou Dashburg Chair of Physical Medicine and Rehabilitation. He has published numerous articles and presented nationally in the areas of running, running medicine, sports medicine, sport nutrition, resistance exercise and exercise adaptations in healthy and clinical populations. Dr. Vincent's clinical interest is running medicine, sports medicine and musculoskeletal medicine with particular emphasis on running, overuse injuries and participation in strength training. He is the director of the UF Running Medicine Clinic and lectures at conferences nationwide on running medicine and running related injuries. He is also the Course Director for the Annual Running Medicine Conference held each spring at the University of Florida. Dr. Vincent is the medical director of the UF Sports Performance Center and is active in exercise and running related research.

Areas of Expertise

Exercise for Older Adults, Adaptations to Exercise, Resistance Exercise, Sports Medicine, Running, Running Medicine, Exercise, Kinetic Chain, Osteoarthritis

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