

Kjell Rudestam, Ph.D., ABPP, DSC

Faculty Emeritus - Clinical Psychology at Fielding Graduate University

Santa Barbara, CA, US

Doctoral Faculty in the School of Psychology

Biography

Kjell Rudestam is a member of the doctoral faculty in the School of Psychology. He is also a Clinical Psychologist with an independent practice and the author of two best-selling texts on research methods.

Industry Expertise

Professional Training and Coaching, Mental Health Care, Research, Education/Learning

Areas of Expertise

Psychotherapy Practice and Research, Clinical Supervision, Couples Therapy, Psychopathology, Research in Psychotherapy, Family Therapy, Research Methods, Suicidology, Group Process, Crisis Intervention, Dissertation Supervision, Human Change Processes, Online Learning, Behavioral Economics, Constructivist Psychotherapy, Organizational Consultation

Affiliations

Reviewer, Personality and Individual Differences, Reviewer, Training and Education in Professional and Psychology, Consulting Editor, Suicide and Life-Threatening Behavior, Consulting Editor, Professional Psychology, Consulting Editor, Journal of Community Psychology, Consulting Editor, Essence: Issues in the Study of Death, Dying and the Processes of Aging, Academy of Group Psychotherapy, American Psychological Association, Divisions 5, 12, 29, American Psychological Society, American Association of Suicidology, American Board of Examiners in Professional Psychology, American Academy of Psychotherapists, American Group Psychotherapy Association, Society for the Exploration of Psychotherapy Integration (SEPI)

Event Appearances

Anxiety toolbox: The treatment of anxiety disorders from multiple theoretical perspectives
(April, 2014) Santa Barbara County Psychological Association

Strategies for conducting and writing quantitative and qualitative dissertations
(2014) Antloch University of Santa Barbara

Using the World Café method for exploring diversity and social justice in training psychologists
National Council of Schools and Programs in Professional Psychology Midwinter Conference

Meeting accreditation demands for licensure pass rates: Innovative practices in professional psychology
(2012) National Council of Schools and Programs in Professional Psychology MidWinter Conference

Contributions of constructivist epistemology to the practice of psychotherapy
(2010) Society for the Exploration of Psychotherapy Exploration

Education

University of Oregon
PhD Clinical Psychology

University of Oregon
MA Clinical Psychology

Occidental College
BA Mathematics

Accomplishments

Board Member
(2007) Alonso Center of Psychodynamic Studies

Founding Member
(2002) Registry of Group Psychotherapists

Diplomate
(1999) Board Certified Expert in Traumatic Stress

Board Member
(1997) American Academy of Police Psychology

Fellow
(1994) American Psychological Association, Division 12

Honorary Doctorate of Science
(1986) The Professional School of Psychology, San Francisco

Teaching Award
(1978) Department of Psychology, York University

Diplomate

(1975) Clinical Psychology, American Board of Examiners in Psychology

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