# **Kristen Harper**

Founder, Speaker, and Health & Wellness Expert at Perfect Health Consulting Services, LLC Lake Havasu City, AZ, US

Kristen Harper inspires audiences to Keep Healthy, Happy, and Motivated!

#### **Biography**

Kristen Harper, the Founder of Perfect Health Consulting Services, LLC, Speaker, and Health & Wellness Expert. Her company offers hair analysis interpretation and Increase Your Vitality programs to balance body chemistry naturally. She has a Nutrition Consultant certification from Westbrook University specializing in Hair Mineral Analysis. In addition, she has a Master's Degree in Administration with an emphasis in Health Promotion and a Bachelor's of Science in Business Administration Management Degree with a certificate in Entrepreneurship from Northern Arizona University. Our Mission: Achieve Perfect Health by balancing Mind, Body, and Spirit.

### **Availability**

Keynote

## **Industry Expertise**

Health Care - Services, Alternative Medicine, Health and Wellness

# **Areas of Expertise**

Alternative Health, Holistic Health, Health and Wellness

#### **Affiliations**

Phi Kappa Phi

#### **Education**

**Westbrook University** 

Nutritional Consultant Certification Hair Mineral Analysis

**Northern Arizona University** 

Master of Administration Health Promotion

**Northern Arizona University** 

Bachelor Degree in Business Management Business Management and Entrepreneurship

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