

Kristen Zaleski

Clinical Associate Professor of Social Work at USC Suzanne Dworak-Peck School of Social Work

Los Angeles, CA, US

Clinical Associate Professor focused on sexual assault victims and psychotherapy.

Biography

Dr. Kristen Zaleski is a professor, psychotherapist, and researcher of sexual violence in both civilian and military settings. Her current research interests include technology facilitated sexual violence, gender based violence and its connection to human rights within American society, and clinical treatments of trauma in the therapy room. She is a topic expert on sexual violence in American society, PTSD and stress response, interpersonal neurobiology, and modern day attachment theory. Dr. Zaleski's work and research experience makes her a unique authority on the micro influences of trauma on the psychological, physical, and spiritual health of an individual. Dr. Zaleski's first book, *Understanding and Treating Military Sexual Trauma*, is currently in its 2nd edition and is the first social work text on the topic. In November 2019, Oxford University Press published her second book, *Women's Journey to Empowerment in the 21st Century* on the topic of transnational feminism and global violence. Dr. Zaleski is active in the clinical community of Los Angeles, often consulting or providing education to trauma providers across Southern California, and is nationally recognized for her work on sexual violence both in military communities and online. Dr. Zaleski is on the advisory board on the Center for Law and Military Policy and is the Director of Forensic Mental Health at the USC Keck Human Rights Clinic providing psychological evaluations for immigrants seeking asylum in the United States. To reference the work of Kristen Zaleski online, we ask that you directly quote their work where possible and attribute it to "Kristen Zaleski , a faculty at the USC Suzanne Dworak-Peck School of Social Work? (LINK: <https://dworakpeck.usc.edu>)

Industry Expertise

Mental Health Care, Training and Development, Health Care - Providers, Health and Wellness, Health Care - Services, Education/Learning

Areas of Expertise

Neurobiology, Empathy, Post Traumatic Stress Disorder, Sexual Assault, Psychotherapy, LGBTQI , Mothering

Education

The Sanville Institute for Clinical Social Work

Ph.D.

University of Southern California

M.S.W.

University of California, Los Angeles
B.A.

Santa Barbara City College
A.A.

Accomplishments

Hutto Patterson Foundation Award for Distinguished Faculty
USC Suzanne Dworak-Peck School of Social Work

Featured Author

Los Angeles Times Festival of Books

Bonnie Bearson Scholarship Fund
Sanville Institute

Graduation Speaker

University of Southern California

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