

# Larry Payne

**Instructor at Loyola Marymount University**

Los Angeles, CA, US

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## **Biography**

Larry Payne, Ph.D. is an internationally respected yoga teacher, which The Los Angeles Times named "one of America's most respected Yoga teachers". He coauthored Yoga Therapy Rx, Yoga for Dummies and The Business of Teaching Yoga. Larry is founding president of the International Association of Yoga Therapists, founder of the Corporate Yoga program at the J. Paul Getty Museum, the first Yoga teacher to offer Yoga classes at the World Economic Forum, cofounder of the yoga curriculum at the UCLA School of Medicine, and the founding director of the Yoga Therapy programs at LMU Extension. In 1980, Larry founded the Samata Yoga Center. His background is in Psychology and he has also completed graduate work in Physical Therapy at Cal-State University at Long Beach. Larry has been a frequent guest on national television and syndicated radio programs. His work has been featured in numerous national and international magazines, as well as in The New York Times and The Los Angeles Times. Most recently he is featured in six new DVDs as part of the Yoga Therapy Rx series. Larry resides in Los Angeles, California and has a thriving practice in Marina del Rey and Malibu. In addition to speaking engagements and workshops, he leads Yoga and health seminars worldwide.

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## **Affiliations**

International Association of Yoga Therapists

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## **Education**

**Pacific Western University**

Ph.D.

**Pacific Western University**

M.S.

**California State University, Long Beach**

B.S.

**El Camino College**

A.A.

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