

Laura Acosta

Senior Lecturer at University of Florida

Gainesville, FL, US

Laura Acosta specializes in clinical nutrition care, diagnosing malnutrition and the integration of fitness and nutrition.

Biography

Laura Acosta's expertise is in clinical nutrition care, diagnosing malnutrition and the integration of fitness and nutrition for optimal wellness. Laura is a registered dietitian nutritionist with UF/IFAS.

Areas of Expertise

Clinical Nutrition, Dietetics, Fitness, Green Tea, Malnutrition, Nutrition, Tea Catechins, Wellness

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