

# Leesa Renée Hall

**Mental Wellness Advocate at Inner Field Trip®**

Toronto, ON, CA

Guiding people on a journey to meet their Inner Oppressor.

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## **Biography**

Leesa Renee Hall is an author, anti-bias facilitator, and social historian. Author of Unpack Biases Now, a workbook designed to help leaders unpack their unconscious biases, Leesa's tips have been featured in The Guardian, American Express OPEN, Globe & Mail, Choice, Ottawa Citizen, Toronto Star, Profit, and Inc. to name a few, along with television, radio and podcast appearances.

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## **Industry Expertise**

Research

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## **Areas of Expertise**

Productivity, Ancestry, Systemic Discrimination, Unconscious Bias, Implicit Bias, Historical Research, Fake History

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## **Education**

**University of Toronto (OISE)**

Masters History

**York University**

Bachelor of Arts (Honours) History

**Yorkville University**

Masters of Art Counselling Psychology

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