# **Linda Edgecombe**

**Professional Speaker at Learning Edge Resources** 

Kelowna, BC, CA

Linda Edgecombe, CSP and HoF.... Energizing and Engaging People.. Shifting Their Perspective

## **Biography**

Linda Edgecombe, Certified Speaking Professional, and Speaker Hall of Fame Inductee, is an internationally renowned award-winning humorous speaker, trainer, consultant and author. As a professional, with a degree in Physical Education, Linda brings 20 years of Recreation, Employee Wellness, Lifestyle and Corporate Consulting experience to her programs. She was a consultant for PARTICIPACTION promoting healthy living to individuals and organizations and is known for being one of the countries most popular speakers. She has been quoted by the Wall Street Journal as an expert in ?Shifting Perspectives?. Linda is also a best-selling author and has recently released her third book, Boost Powerful Tools to RE-energize and Re-engage You and Your Team in Crazy Times. Her message is as welcomed as a deep belly laugh and as profound as an honest look in the mirror. Change has never been this painless!

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Keynote, Author Appearance

## **Industry Expertise**

Corporate Leadership, Women, Health Care - Providers

# **Areas of Expertise**

Energy, Work Life Balance, Change

#### **Affiliations**

NSA, CAPS

# Sample Talks

### The Degree of Difference, Small Shifts to Becoming More Resilient in Crazy Times

Are you ready for the ?Energy Boost? needed to help you take the step to changing your life and creating a Degree of Difference in the world? Linda will lead you through an educational, hands-on and highly humorous ride that will re-focus, re-energize and re-invent how you see life and work. She?II inspire you to be anything but predictable! The Degree of Difference has never been this painless. Do you want to ?? Increase efficiency and creativity? ? Increase endurance with energy to spare? ? Learn what it takes to increase Change Resilience? ? Feel revitalized and positive? ? Learn about work life balance, re-engaging and re-energizing you and your team. ? Learn how powerful the act one person can make at work and on the planet You and Your team will be re-engaged and re-inspired and able to rise above the challenges of each day! Your team will laugh and learn through this presentation so they can go home re-energized. Linda will feature her work in 3rd world countries and show how one Degree of Difference can change your life and the lives around you.

## **Event Appearances**

**Title** 

Celebration of Women Event

Title

BC Financial Health Care Professionals

Title

Ontario Insurance Adjusters

#### **Education**

**University of Calgary** 

B PE Physical Education and Employee Wellness

## Accomplishments

**Peter Legg Storytelling Award** 

#### **Speaker Hall of Fame Inductee**

Was awarded the Speaker Hall of Fame Award and is one of 4 women in Canada to receive this.

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