

Lisa J. Merlo

Professor at University of Florida

Gainesville, FL, US

Dr. Lisa Merlo's research focuses on mental health, well-being and professional fulfillment among healthcare professionals.

Biography

Dr. Lisa Merlo is an associate professor and a licensed clinical psychologist. Her research focuses on mental health, well-being and professional fulfillment among physicians and other healthcare professionals and trainees. Dr. Merlo also conducts research on health profession students' knowledge, competence and stigmatized beliefs related to patients with addiction, as well as best practices for improving addiction-related education. She currently serves as the director of Wellness Programs for the UF College of Medicine. She also is the research director for the Professionals Resource Network, Inc., a state monitoring program for distressed and impaired healthcare professionals. As a member of the Motivational Interviewing Network of Trainers, Dr. Merlo collaborates with faculty from other colleges and universities, as well as the Area Health Education Centers across Florida, to provide training in motivational interviewing for health professions students, faculty members, tobacco cessation counselors, school personnel and other healthcare providers.

Areas of Expertise

Motivational Interviewing, Burnout of Health Professionals, Well-being of Health Professionals, Medical Student Wellness

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