

# **Liz Walker**

**Managing Director at Youth Wellbeing Project**

Brisbane Area, Australia, Queensland, AU

Educator and advocate responding to porn harms. Author and professional speaker.

---

## **Biography**

An educator and advocate responding to porn harms, I am dedicated to culture-shifting initiatives that equip children & young people. I provide schools and community education as Managing Director of Youth Wellbeing Project: educating for tricky conversations. Initiatives include IQ PROGRAMS, a school and homeschooling curriculum focussed on safety and mental wellbeing to prevent porn harms; and Porn Resilient Kids: equipping families for tricky conversations through children's books and resources. I am also Co-Chair of Connecting to Protect: a Global Response to Address the Mental Health and Safety Consequences to Children and Young People Accessing Online Pornography. Previous roles include co-founding the Australian registered health promotion charity eChildhood. Key focusses included progressing Age Verification forward in Australia and collaborating to develop a public health approach to mobilise responses that reduce the harms of pornography on children and young people. Additionally, I facilitated parent education for four years as Director of Health Education at Culture Reframed: the global lead in solving the public health crisis of the digital age. Well-connected internationally, I regularly provide consultancy to government, non-profit, and professional organisations. Delivering everything from keynotes, student cohort presentations, parent workshops, and professional development throughout Australia and Internationally, I'm also a regular contributor to media outlets. I provide strategies to counteract porn culture through a 'Critical Porn Analysis' educational response, and my work includes the children's books: Milly's Message and Hamish and the Shadow Secret. Liz Walker 'Accredited Sex Educator' 'Professional Speaker' 'Author' 'Specialist support for youth sexuality education' Specialities: Pornography Education | Pornography as a Public Health Issue | Online Safety | Sexual Wellbeing | Relationships | Wellbeing | Leadership | Education | Curriculum | Teaching | Blogging?? | Children's and Youth Advocate

---

## **Availability**

Keynote, Panelist, Workshop

---

## **Industry Expertise**

Health and Wellness, Training and Development, Education/Learning

---

## **Areas of Expertise**

Pornography, Sexual Health, Youth Wellbeing, Relationships and Sexuality Education, Porn & Online Safeguarding Education, Advocacy

---

## **Affiliations**

## Sample Talks

### What can parents do about porn?

On Tuesday April 5 2016, Exploring Teens asked the question: Is this normal teenage behaviour? At their very first Q & A parents forum, 7 experts in their field ranging from psychologists to youth motivational speakers, informed and empowered parents. It was a brilliant night and the organisers are to be commended on hosting such a great event. If you haven't heard about subscribed Exploring Teens and subscribed to their magazine, please do!! It's a brilliant resource of support and encouragement to parents who often feel isolated and alone whilst navigating what can be tumultuous years. <https://soundcloud.com/liz-walker-presents/what-can-parents-do-about-porn>

---

## Event Appearances

### Porn Harms Kids

Pornography & Harms to Children and Young People Symposium

---

## Education

### University of Sydney

Master of Health Science Sexual Health

### Inspire Education

TAE40110 Cert IV Training and Assessment

### Ignition Training College

Diploma of Community Welfare Work Community Welfare

---

## Accomplishments

### IQ PROGRAMS

IQ PROGRAMS equip educators to support kids and teens to author their future. Meeting child-safety, developmental and wellbeing needs, teachers receive guided narratives and comprehensive tools to help them deliver tricky conversations confidently. IQ PROGRAMS have been developed for Australian and New Zealand schools and are readily available for global release. Learn more about IQ PROGRAMS: <https://iqprograms.com/> and watch our video here: <https://youtu.be/i1MVoRbxzsY>

### Not for Kids! children's book

This exceptional children's book offers gentle and insightful guidance and is a must have for parents and professionals to prepare kids under the age of 10 for the inevitable occasion of when they will see explicit imagery. Available from <http://www.notforkids.info/>

## **Hamish & the Shadow Secret**

When a child sees troubling images online, it's important for them to be prepared to know how to respond. Hamish uncovers a world of wonder on tech devices, but he also encounters troubling, harmful images. Hamish and the Shadow Secret is an educational resource for engaging children in a safe and robust conversation about the harms of pornography. Written for children aged 8-12-years, Hamish and the Shadow Secret is a valuable inclusion in every home, school and counselling setting.

---

## **Testimonials**

### **Brian Barker**

"Liz is a lady of integrity and is passionate about all she does. She is a capable and personable communicator with audiences of all ages. I have no doubt that the quality of her presentations delivered at Genesis will be duplicated elsewhere." Parent comment from similar event: "My kids seem to be growing up so fast. Liz, thanks for shedding light on what they could be seeing and having to deal with. I'm feeling much more confident about how to guide my kids through this stuff."

### **Alison Richardson**

Liz Walker spoke at the recent Australasian Institute of Sexual Health Medicine 2015 conference in Sydney where she presented a talk on the effects of the porn culture on young people called 'Implications of porn use for Teen Mental Wellbeing'. Liz is an exceptionally passionate and articulate speaker who has thoroughly researched her topic and presents in an accessible and interesting manner. Her message is strong and uncompromising, backed by clinical experience and research. An expert in this controversial area I expect to see Liz on the world stage in the near future warning of the effects of the porn culture on future generations.

---

[Please click here to view the full profile.](#)

This profile was created by [Expertfile](#).