

Lori Rubenstein Fazzio

Clinical Professor of Yoga Studies and Health at Loyola Marymount University

Los Angeles, CA, US

Bellarmino College of Liberal Arts and College of Communication & Fine Arts

Biography

Professor Lori Rubenstein Fazzio, DPT, PT, MAppSc, C-IAYT earned her Doctorate in Physical Therapy from Massachusetts General Hospital Institute of Health Professions, her Master of Applied Science from the University of South Australia and her Bachelor of Science from Boston University. She is a Certified Yoga Therapist through the International Association of Yoga Therapists and is a frequent speaker at professional conferences. Her research interests focus on the subtle body in pain management and the intersection and application of the philosophical science of yoga with the clinical science of modern medicine for improving eudaemonic well-being. She pioneered the first yoga therapy internship at the Simms Mann Venice Family Clinic in Los Angeles where interns from LMU gain mentored experience and provide individualized yoga therapy within an integrative medicine clinic for patients suffering from chronic pain. Her mission is to expand this model into other healthcare and educational settings.

Areas of Expertise

Pain Science, Yoga, Physical Therapy

Event Appearances

?Best Practices in Implementing Yoga Therapy into a Clinical Model?
Brain Longevity Symposium

?Spirituality in Healthcare through Yoga and the Four Dharmic Traditions"
Uberoi Experts Meeting: The Concept of Health and Well-Being in the Four Dharmic Traditions

?Yoga Therapy in Medicine?
UCLA Integrative Medicine Guest Lecturer

?Yoga Therapy for Healthy Aging?
LMU Jewish Studies Speaker Series

?Patanjali and Health Science?
SASA 2019 Conference

?Patanjali, Pain and Neuroscience?
CYTER 3rd International Symposium on Yoga Therapy

?Anatomical Asana?

LMU Yoga Day

?Yoga Therapists as Lifestyle Management Experts?

CYTER 2nd International Symposium on Yoga Therapy

?Neuroplastic Yoga: Bhavana your asana?

LMU Yoga Day

?Educating Yoga Therapists as Lifestyle Management Experts?

LMU Ayurveda: Health for Body and Mind

?Neuroplastic Yoga?

LMU Yoga Studies Speaker Series

?Sound for mental and physical stability?

LMU Yoga Day

?Yoga Therapists, the world needs you now: Parallels between the evolution of physical therapy and Yoga therapy?

Plenary at IAYT Symposium on Yoga Therapy and Research

?Practical tools to empower your Asana?

IAYT Symposium on Yoga Therapy and Research

?Neuroplastic Yoga for Chronic Pain?

IAYT Symposium on Yoga Therapy and Research

Education

Massachusetts General Hospital Institute of Health Professions

Doctor of Physical Therapy

University of South Australia

Master of Applied Science in Physical Therapy/Manipulative Therapy

Boston University

Bachelor of Science in Physical Therapy

Accomplishments

Licensed Physical Therapist

(Certification)

Certified Yoga Therapist (C-IAYT)
International Association of Yoga Therapists

iRest Teacher
Level 2 Certified

Certified Brain Longevity Teacher
Alzheimer's Prevention Foundation

Somatic Experiencing
Level 2 Practitioner

Pilates Instructor
Certified

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